

Obstetrics and Gynaecology Women's and Children's Services

Feeding your new baby whilst in hospital

The University Hospital Coventry & Warwickshire NHS Trust promotes breastfeeding as the healthiest choice of feeding method for you and your baby. As a hospital we wish to support both breast and formula feeding mums.

Please note that as of March 1st 2011 the University Hospital Coventry & Warwickshire NHS Trust maternity department will no longer routinely be providing formula bottled milk to new mothers who choose not to breastfeed.

So what do I need to bring with me?

If you are planning to breastfeed, some breast pads and a comfortable non-wired bra (ideally a feeding bra) will be helpful.

If you are planning to formula feed you will need to supply some ready made cartons of formula milk. These come in different sizes but please bear in mind that new babies often only drink an ounce or two initially (30-60 mls on average although this can vary a little).

Will there be much wastage of formula?

There should not be, as once the carton is open it will be labelled and stored in the fridge. The same carton can be used for 24 hours once it has been opened.

Do I need to bring my own bottles, teats and sterilizer if I am planning to formula feed?

No, we provide pre-sterilized single use bottles for mothers. We will chat to you about sterilising feeding equipment when you are ready to go home.

How can I find out more about feeding my baby?

Please speak to your community midwife for more information about your choices of how to feed your baby or go to:

www.nhs.uk/planners/pregnancyplanner/pages/feedingbabyhome.aspx.



Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 7369 and we will do our best to meet your needs.

The Trust operates a smoke free policy

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