

Day Surgery Unit

Advice following eye lid procedure

- If you are discharged with a pad on your eye, you will not be able to drive until it is removed.
- Keep the pad on until the time you are advised to remove it by the nursing staff.
- As the local anaesthetic wears off your eye may become painful or sore. If this happens you may need to take a painkiller, e.g. Paracetamol
- There may be some bruising or swelling around the eyelids. This will gradually improve after about a week to ten days.
- You are advised not to return to work on the day of your treatment, but you may return the following day if you feel up to it.
- You may bathe the eyelids with cool boiled water.
- Apply the medication as prescribed following the instructions below.

Eye ointment instructions

Read the label carefully. It will tell you on which eye and how often to use the ointment.

How to apply your eye ointment

- **Wash your hands.** Remove the screw cap.
- Tilt your head back slightly, gently pull down your lower eyelid and look up.
- Hold the tube above your eye. Look away from the tube without moving your head.
- Squeeze out $\frac{1}{4}$ to $\frac{1}{2}$ inch strip into the space between the lower lid and the eye.



Patient Information

- Close the eyelid for 10 to 20 seconds. Move your eyeball from side to side. Remove any extra ointment with a clean tissue.
- Your vision may be blurred, so do not drive or use machinery until it becomes clear.
- Replace cap. Wash your hands.

Further advice

- Avoid touching the eye with the nozzle of the tube.
- Store the ointment in a cool place.
- Discard after four week.
- Do not keep the old tube to re-use.
Keep out of the reach of children.
- Remove any excess ointment before applying new ointment with cool boiled water.

If you have any concerns following your eyelid procedure do not hesitate to contact:

Oculoplastic Nurse Specialist: Tel- 024 7696 6533
Tuesday to Friday 9.00am to 5.00pm

Eye casualty: 024 7696 4800 Monday to Friday 9.00am to 4.30pm and
Saturday mornings 9.00am to 12.00pm (midday)

General Accident and Emergency: 24 hours. 024 7696 6200

Contact Day Surgery Unit: 024 7696 6861

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact us on 024 7696 6861 and we will do our best to meet your needs.

The Trust operates a smoke free policy

Document History

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