

## Renal Services

# Going home on Peritoneal Dialysis (PD)

This booklet aims to answer any questions you may have now that you are going home on Peritoneal Dialysis (PD). If you have any queries at any time please do not hesitate to telephone us, the telephone numbers are at the end of this booklet.

Baxter Homecare is the company who will deliver your fluid, disconnect caps, connection shields and ancillaries to you. They will send you a list of telephone numbers and delivery dates up to the end of the calendar year.

If at any time you are unable to be at home for a delivery, then please contact the Baxter Homecare Team on 0800 0234 002, from a mobile 0370 6099 101, or email [homecarecs@baxter.com](mailto:homecarecs@baxter.com) as soon as possible to re-arrange your delivery.

Please note if your regime changes it is important that you inform Tracy Spencer on 024 7696 7732 or the Baxter Homecare Team on 0800 0234 002 or from a mobile on 0370 6099 101 as soon as possible as you may not have enough fluid to last until your next scheduled delivery.

## Delivery

The driver will carry your fluid to your usual storage area. He will rotate your stock so that the new supplies are at the back. Please check that you have the correct delivery, size of bag, strength and enough boxes for the month. In the event of an incorrect delivery, or any problems, please report this to the Baxter Homecare Team on 0800 0234 002 or from a mobile on 0370 6099 101.



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### Renal waste

Some of the local councils will collect your medical waste from your home. Your empty PD bags, any dressings and tapes are all that need to be put into these bags.

If you do not have enough space in your cardboard recycle bin for the boxes you can ask your local council to provide you with an additional bin for these.

Your first weekly medical waste collection will be on .....

And then every ..... thereafter.

Please note that some local council's do not class peritoneal waste as medical waste, and therefore do **not** have separate medical waste collections. Currently these councils are Stratford, North Warwickshire, Warwick, Walsall, Daventry, Birmingham City, Whychaven and Redditch Borough. If you live in one of these council areas you will be asked to bag your waste into black sacks and put the waste in with your domestic waste. If you require an additional bin to cope with the increased amount of waste this is available by contacting your local council.

### Holidays

Although it may be too early to think about taking a holiday, it is worth knowing that you can plan for a holiday on PD, whether it is in the UK or abroad, through Tracy Spencer. Your fluid will be delivered to your holiday destination in time for your arrival.

If you are thinking about a holiday abroad, it is worth checking with Tracy Spencer that the country in question will accept PD fluid and which PD systems are available. Please remember that some countries need as much as **three months** notice to ensure that everything is arranged on time. So as soon as you seriously think about taking a holiday abroad, please contact Tracy Spencer on 024 7696 7732 as soon as possible to avoid disappointment.

When all the arrangements have been made, you will receive written confirmation of your holiday dates and the amount of PD fluid and

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disconnect caps<sup>△</sup> which will be waiting for you at your holiday destination. It will also include details of the nearest hospital or clinic that you can contact in an emergency.

**Please remember to take this leaflet with you in case you need to contact the PD centre as it contains important telephone numbers and contact details should you need them.**

Please note that no ancillaries will be delivered for a holiday, you will be requested to take these items with you. Ancillary items are: paper towels, alcohol gel, dressings, tapes and yellow refuse bags.

You will need to make local enquiries about the procedure for PD waste disposal as other countries treat PD waste differently.

The following table contains information from Baxter Travel and gives the notice periods for each of the different countries and the availability of different fluids.

Please note there is a maximum limit of 56 days' supply per holiday.

If you have any queries please do not hesitate to contact: Tracy Spencer on 024 7696 7732.

**Holiday allowance:** Band A - Unrestricted  
Band B – Allowance depends on Export Cost  
Band C – Allowance depends on Export Cost  
Band D - By Negotiation

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<sup>△</sup> **Please note**, connection shields have a limited availability; they are not available in countries such as Spain (and Islands), USA, Canada, India and the Far East. Please check to see if you will need to take your own connection shields with you.

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	<b>Country</b>	<b>Notice Period</b>	<b>Product Availability</b>
B	Andorra	4 weeks	All product range available.
B	Antigua	8 weeks	Please check product availability with unit.
A	Argentina	4 weeks	Please check product availability with unit.
B	Aruba	8 weeks	Please check product availability with unit.
A	Australia	4 weeks	Please check product availability with unit.
A	Austria	4 weeks	All product range available.
D	Bahamas	8 weeks	Please check product availability with unit.
D	Bahrain	6 weeks	All product range available.
A	Bangladesh	4 weeks	Limited product available. Check with unit.
D	Barbados	8 weeks	Please check product availability with unit.
B	Bermuda (to port only)	8 weeks	Please check product availability with unit.
A	Belgium	4 weeks	All product range available.
B	Bosnia & Herzegovina	10 weeks	Please check product availability with unit.
A	Botswana	4 weeks	Please check product availability with unit.
A	Brazil	8weeks	Limited product available. Check with unit.
B	Bulgaria	6 weeks	Please check product availability with unit.

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A	Canada	4 weeks	Please check product availability with unit.
A	Canary Islands	7 weeks	All product range available.
A	China	6 weeks	Please check product availability with unit.
B	Croatia	8 weeks	All product range available.
C	Cyprus (North)	8 weeks	All product range available.
B	Cyprus (South)	6 weeks	All product range available.
A	Czech Republic	4 weeks	Please check product availability with unit.
A	Denmark	4 weeks	All product range available.
B	Dominican Republic	8 weeks	Please check product availability with unit.
	Deleted Egypt		
A	Estonia	6 weeks	Please check product availability with unit.
A	Finland	4 weeks	All product range available.
A	France	4 weeks	All product range available.
B	Gambia (to port only)	10 weeks	All product range available. Patient to customs clear product.
A	Germany	4 weeks	All product range available.
B	Ghana (to port only)	10 weeks	All product range available. Patient to customs clear product.
B	Gibraltar	4 weeks	All product range available.
B	Greece & Islands	6 weeks	All product range available.
D	Grenada	8 weeks	Please check product availability with unit.
A	Hong Kong	4 weeks	Please check product availability with unit.

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A	Hungary	6 weeks	Limited product available, Check with unit.
A	Iceland	6 weeks	Please check product availability with unit.
A	India (Minus Kerala State)	6 weeks	Please check product availability with unit.
A	Indonesia	12 weeks	Please check product availability with unit.
A	Israel	6 weeks	Please check product availability with unit.
A	Italy	4 weeks	All product range available.
B	Jamaica	8 weeks	Please check product availability with unit.
D	Kenya	12 weeks	All product range available.
A	Korea (south)	4 weeks	Please check product availability with unit.
A	Latvia	6 weeks	Please check product availability with unit.
A	Lebanon	4 weeks	Please check product availability with unit.
a	Lithuania	6 weeks	Please check product availability with unit.
A	Luxembourg	4 weeks	All product range available.
A	Madeira	4 weeks	All product range available.
A	Malawi	6 weeks	Please check product availability with unit.
A	Malaysia	8 weeks	Please check product availability with unit.
B	Malta	6 weeks	All product range available.
C	Mauritius	6 weeks	All product range available.

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A	Mexico	4 weeks	All product range available.
A	Monaco	4 weeks	All product range available.
A	Morocco	12 weeks	All product range available.
A	Netherlands	4 weeks	All product range available.
A	New Zealand	4 weeks	Please check product availability with unit.
D	Nigeria	6 weeks	All product range available.
A	Norway	4 weeks	All products range available.
A	Oman	4 weeks	Limited product available. Check with unit.
C	Pakistan (to port only)	6 weeks	All product range available.
B	Poland	4 weeks	Please check product availability with unit.
A	Portugal	4 weeks	All product range available.
A	Puerto Rico	4 weeks	Please check product availability with unit.
A	Republic of Ireland	3 weeks	All product range available.
B	Romania	8 weeks	Please check product availability with unit.
A	Russia	6 weeks	Please check product availability with unit.
A	Saudi Arabia	6 weeks	Please check product availability with unit.
D	Seychelles	8 weeks	Please check product availability with unit
A	Singapore	6 weeks	Please check product availability with unit.

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A	Slovakia	6 weeks	Please check product availability with unit.
A	Slovenia	8 weeks	Please check product availability with unit.
D	South Africa (export)	8 weeks	All products range available.
D	South Africa (local)	4 weeks	Limited product available. Check with unit.
A	Spain (mainland) Balearic	4 weeks	All product range available.
D	Sri Lanka	12 weeks	All product range available.
B	St Lucia	8 weeks	Please check product availability with unit.
B	St Vincent	8 weeks	Please check product availability with unit.
A	Sweden	4 weeks	All product range available.
A	Switzerland	4 weeks	All product range available.
A	Taiwan	4 weeks	All product range available.
D	Thailand	8 weeks	Please check product availability with unit.
B	Trinidad & Tobago	8 weeks	Please check product availability with unit.
A	Turkey	4 weeks	Please check product availability with unit.
B	United Arab Emirates	8 weeks	All product range available.
A	United Kingdom	3 weeks	All product range available.
A	UK Channel Islands	3 weeks	All product range available.
A	UK Cruise	3 weeks	All product range available.



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B	United Emirates	10 weeks	Please check product availability with unit.
A	USA (48 states)	6 weeks	Physioneal not available without 13 weeks' notice.
A	USA (Alaska & Hawaii)	8 weeks	Physioneal not available without 13 weeks' notice.
A	Vietnam	4 weeks	All product range available.
A	Yemen	4 weeks	Limited product available. Check with unit.
D	Zambia	8 weeks	
D	Zimbabwe	6 weeks	

## Travel Insurance

The information on the following page is a list of companies who offer travel insurance to dialysis patients.

**If you would like an extra copy of the following list or you know of a company who is not on this list, then please inform Tracy Spencer, Dialysis Co-ordinator either by telephone: 024 7696 7732 or email: [tracy.spencer@uhcw.nhs.uk](mailto:tracy.spencer@uhcw.nhs.uk).**

Company	Address	Contact Details
<b>Mediquote</b>	Southgate Place 41/42 Southgate Chichester West Sussex PO15 1ET	Tel: 01243 534 400  Fax: 01243 534 411  <a href="http://www.mediquote.com">www.mediquote.com</a>

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<p><b>Direct Travel</b></p>	<p>Shelley House High Street Steyning BN44 3RD</p> <p>Quote: Travdial</p>	<p>Tel: 0845 605 2700</p> <p>Fax: 0845 605 2710</p> <p><a href="http://www.direct-travel.co.uk">www.direct-travel.co.uk</a></p>
<p><b>Free Spirit</b></p>	<p>PJ Hayman &amp; Company Ltd. Stanstead House Rowlands Castle Hampshire PO9 6DX</p>	<p>Tel: 0845 230 500</p> <p>Fax: 01483 419 634</p> <p><a href="http://www.free-spirit.com">www.free-spirit.com</a></p>
<p><b>A M MARRS</b></p>	<p>MARRS Insurance Brokers Ltd. Refuge House 9-10 River Front Enfield Middlesex EN1 3SZ</p>	<p>Tel: 0870 920 222</p> <p>Fax: 0870 920 2211</p> <p><a href="http://www.marrs.uk">www.marrs.uk</a></p>
<p><b>Holiday Services Ltd.</b></p>	<p>2 Kedleston Close Huthwaite Nottingham NG17 2SE</p>	<p>Tel: 01623 407 321</p> <p><a href="http://www.holidayservices.org.uk">www.holidayservices.org.uk</a></p>
<p><b>M.G.T.I.S Health Care</b></p>		<p>0844 5449915</p>

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### Telephone contacts

University Hospital 024 7696 4000

CAPD Nurse 024 7696 8308 (Direct Line)

Out of PD Hours Ward 50 024 76968256

Leave a message or ask switchboard to bleep 2126

Tracy Spencer 024 7696 7732 (Direct Line)

Please leave a message if no one is available to answer.

Email: [tracy.spencer@uhcw.nhs.uk](mailto:tracy.spencer@uhcw.nhs.uk)

Baxter Homecare Team 0800 0234 002

0370 6099 101 (from a mobile)

or email [homecarecs@baxter.com](mailto:homecarecs@baxter.com)

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact us on 024 7696 7732 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email [feedback@uhcw.nhs.uk](mailto:feedback@uhcw.nhs.uk)

#### Document History

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