

Health and Wellbeing events for those with a new diagnosis of cancer

A Health and Wellbeing event helps people with cancer, their family or carer, to understand what to expect, what local support is available and the opportunity to ask questions.

Our specialist presenters will offer advice about:

Nutrition • Fatigue • Physical activity • Emotional wellbeing • Chemotherapy • Radiotherapy • Finance and benefits • Other courses available locally • Answer questions

Health and Wellbeing events are currently only available online as a Microsoft Teams Live Event

Health and Wellbeing session	
2023	
January 26 th	February 23 rd
March 23 rd	April 27 th
May 25 th	June 29 th
July 27 th	August - No Session
September 28 th	October 26 th
November 23 rd	December - No Session
10:15 to 11:15 virtual sessions	

To find out more about, or register for the event, or if you are unable to join us virtually and need information or support in another form please contact:

Julie Bliss

Macmillan Cancer Information and Support Manager
Office Location: Main entrance UHCW
Opening Times: 8.00am - 4.00pm Monday-Friday
Phone: 024 7696 6052

Macmillan Cancer Information and Support Manager
Stratford and Warwick Hospital

Opening Times: 8.00am - 4.00pm Monday-Friday
Phone: 01926 495321 x5871

Julie Hunt

Macmillan Cancer Information and Support Manager
Office Location: Main entrance, George Eliot Hospital
Opening Times: 9.00am - 4.00pm Monday-Friday
Phone: 024 7615 3201