

Anaesthetics

Information for Patients with Parkinson's disease coming to Hospital for Surgery

Preparing for your operation

- Keep an up-to-date medication record. It should include all the medication you are currently taking (not just for Parkinson's) and what time you take each dose. You can use your repeat prescription from your GP as a reference.
- When you attend a pre-operative assessment clinic tell the nurse that you have Parkinson's disease and that you need your medication at the times they have been prescribed for you.
- Contact your community Parkinson's disease nurse specialist before admission to discuss medication management during your stay.
- Sometimes, a nurse in the pre-operative assessment clinic may contact your Parkinson's disease consultant for advice on your medication schedule. The consultant may decide that your medications need to be changed for some time after the surgery.

On the day of surgery

- Take your medications with you when you go to hospital. Make sure that you have at least a 24 hour supply.
- Your medication should be kept in its original packaging. Nursing staff will not be able to administer your own medication if it is not possible to identify what it is. Ensure your medication is pharmacy - labelled.
- Tell staff you have Parkinson's and how important it is to get your medication on time. Explain to staff what medication you take. Show them your medication record.



Patient Information

- You will usually meet your anaesthetist on the ward before your surgery. It is very important that your anaesthetist knows you have Parkinson's and what medication you take for the condition. They will discuss your Parkinson's symptoms with you and how they may affect you during surgery.

Preoperative Fasting Instructions:

For MORNING Operations	STOP TAKING AT:
Food or milk	2:30 am
Black tea/coffee/ squash (not juice)/ Pre-Op carbohydrate drink	6:30 am
Water	Arrival to hospital
Please do not chew gum on the day of surgery	

For AFTERNOON Operations	STOP TAKING AT:
Food or milk	7:30 am
Black tea/coffee/ squash (not juice)/ Pre-Op carbohydrate drink	11:00 am
Water	Arrival to hospital
Please do not chew gum on the day of surgery	

Please continue to take your Parkinson's medication at the correct times with water as needed

Patient Information

Further Information

If you need any further information please ask your Parkinson's nurse or consultant, or the specialty carrying out your surgery.

UHCW Parkinson's Disease Specialist Nurses:

- **Direct line:** **024 7696 4955**
- **Secretary:** **024 7696 5209**

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact us on the telephone numbers above and we will do our best to meet your needs.

The Trust operates a smoke free policy

To give feedback on this leaflet please email feedback@uhcw.nhs.uk

Document History

Department:	Anaesthetics
Contact:	25892
Updated:	April 2021
Review:	April 2023
Version:	3.1
Reference:	HIC/LFT/1977/15