

Centre for Reproductive Medicine

PLEASE ENSURE YOU COLLECT A POT PRIOR TO YOUR APPOINTMENT DATE FROM YOUR GP, LOCAL CHEMIST OR FROM US. THESE ARE LOCATED WITHIN THE CENTRE FOR REPRODUCTIVE MEDICINE IN A BOX LOCATED ON THE LEFT JUST INSIDE THE MALE RECEPTION **Book your appointment: 02476 96 88 73**

- **You must produce your sample at home** and bring it to the unit for your appointment time.
- Please label the specimen pot with your name and date of birth.
- Please bring any documentation provided by your GP or Consultant.
- **Please complete the Seminal Fluid Analysis form on the day you produce your sample and bring them with you to your appointment – we will not process the sample without them.**
- Please arrive promptly at your appointment time and allow sufficient time for traffic and parking on site.
- **If you arrive early please wait outside until your allotted appointment time. If you arrive more than 15 minutes late for your appointment you may be asked to rebook your test.**

Your semen sample must be collected under conditions of cleanliness. We therefore ask that you wash your penis thoroughly with water before producing the specimen.

Your semen sample should be collected by masturbation, making sure all the fluid is collected in the sterile container. If any of the sample is lost please record this information on the form provided or inform the lab. This is important as it may affect your results.

We recommend a 2 – 3 day period of sexual abstinence prior to producing any specimen for analysis. It is not advisable to abstain for longer than 7 days as this may reduce the quality of your sperm.

Samples must arrive at the unit at the appointment time, no later than **60 Minutes** after production and be kept at body temperature in transit.

The Male Specimen Reception is located within the main reception area of the Centre for Reproductive Medicine. Please proceed directly through the first door on your left as you enter the building, there is no need to report at the main reception desk.

The result of your test will be returned to your GP or to the consultant who requested the test within 21 days. Please note that laboratory staff are unable to give out results over the telephone, as they require explanation from a doctor. Please do not ring the laboratory to request your results.

Document History

Author:	P Frost	Department:	CRM
Contact Tel No:	(024) 76968887		
Doc. Location:	QM computer, I drive (patient information)		
Version:	AND-PI-000226V3	Review Date:	April 2024
Reference No:	Quality/information sheets/information for patients attending a semen analysis		
Revision History:	January 2020 (no changes), June 2021 (no changes), April 2023 (no changes), April 2023 (amends)		