

Centre for Reproductive Medicine

Information for Patients Attending Post Vasectomy Test

PLEASE ENSURE YOU COLLECT A POT PRIOR TO YOUR APPOINTMENT DATE FROM YOUR GP, LOCAL CHEMIST OR FROM US .THESE ARE LOCATED WITHIN THE CENTRE FOR REPRODUCTIVE MEDICINE IN A BOX LOCATED ON THE LEFT JUST INSIDE THE MALE RECEPTION

- **You must produce your sample at home and bring it to the unit for your appointment time.**
Please ensure you have a 2-3 day period of sexual abstinence before your test date.
- Please label the specimen pot with your name and date of birth.
- **Please bring with you the Seminal Fluid Analysis form and COVID-19 Questionnaire. we will not process the sample without them**
- Please bring any documentation provided by your GP or Consultant.
- Please arrive promptly at your appointment time and allow sufficient time for traffic and parking on site.
- **If you arrive early please wait outside until your allotted appointment time. If you arrive more than 15 minutes late for your appointment you may be asked to rebook your test.**

Your semen sample must be collected under conditions of cleanliness. We therefore ask that you wash your penis thoroughly with water before producing the specimen.

Your semen sample should be collected by masturbation, making sure all the fluid is collected in the sterile container. If any of the sample is lost please record this information on the form provided or inform the lab. This is important as it may affect your results.

We recommend a 2 – 3 day period of sexual abstinence prior to producing any specimen for analysis. This will make sure we are provided with the best quality sample possible. It is not advisable to abstain for longer than 7 days as this may reduce the quality of your sperm.

The Male Specimen Reception is located within the main reception area of the Centre for Reproductive Medicine. Please proceed directly through the first door on your left as you enter the building, there is no need to report at the main reception desk.

The result of your test will be returned to your GP or to the consultant who requested the test within 14 working days. Please note that laboratory staff are unable to give out results over the telephone.

If you have any queries, please contact the Andrology laboratory on 02476 968873.

Document History

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