## Michelle Hartanto – Resuscitation Practitioner Pre-Doctoral Fellow



As a Resuscitation Practitioner, I attend cardiac arrests and medical emergencies to support the cardiac arrest team. We utilise the ReSPECT process to determine appropriate escalation of treatment and whether resuscitation is appropriate for the patient when they are unwell. My special areas of interest are ReSPECT and the resuscitation decision-making process. I have done a significant amount of training, quality

improvement work, research, and service evaluation audits to help improve our processes at the Trust.

With my background in resuscitation and critical care nursing, I am very passionate about the quality of the resuscitation experience for patients and relatives.

I am very excited to start the West Midlands Pre-Doctoral Programme starting in September 2021. The programme will equip me with the knowledge, skills, and confidence to design a research study to gain a deeper understanding of patients' and relatives' experiences and their perceptions during resuscitation decision-making conversations.

I have found the culture at UHCW to be very supportive of nurses involved in research. My manager and team in the Resuscitation Service have been incredibly supportive of my research interests, encouraging me to pursue research questions that pique my interest and to put research into practice. The Research and Development team have provided encouragement, mentorship, and access to training and resources.

In the future I aspire to contribute to quality initiatives and research that leads to improved patient outcomes in resuscitation and improved patient and relative experiences during the ReSPECT process, whilst maintaining a clinical role.



