

Ophthalmology

Pain after an eye injection



After the injection expect your eye to be sore.

Why is your eye sore?

We use powerful povidone-iodine disinfectant eye drops to kill the germs in your eye before we inject. This is to reduce the risk of a nasty and very painful eye infection (**endophthalmitis**); which could lead to blindness and sometimes even loss of the eye. Unfortunately, a thorough disinfection of the eye inevitably removes some of the thin layers of the front of the eye which results in pain and a gritty sensation.

Occasionally, a larger layer of the skin of the front of the eye may come off, causing severe pain, tearing and a swollen eye. This is called corneal abrasion and happens in approximately 1 in 200 injections. This may need attention of an Ophthalmologist in eye casualty who will prescribe eye ointment and eye drops.

The abrasion may take a number of days to heal. If you experience severe pain following an eye injection you may require an urgent hospital admission to rule out a potentially blinding eye infection.

Alternative disinfectants to povidone-iodine can equally cause a sore eye but may not be as effective in preventing potentially blinding eye infections.



Useful Contacts:

UHCW Eye Casualty Tel 024 7696 6627

Open from:

Monday to Thursday: 8.30am – 4.30pm

Friday: 8.30am – 4.00pm

Saturday: 8.30am – 12.00noon

Outside these hours attend the UHCW Accident and Emergency department.

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 6627 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Document History

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