

## Radiology Department

# Information on supporting a patient for their CT Examination

Thank you for offering to help support a patient whilst their CT scan is taken. This will help us in obtaining the highest quality scans. The presence of a comforter and carer must be justified in accordance with IR (ME) R 17.

Having a CT scan carries a small risk of cancer occurring many years or decades after the exposure. This risk depends upon the dose of radiation received.

By supporting a patient during their CT examination, you will receive a dose of radiation, the magnitude of which will depend on your position in the room. Guidance will be provided by the radiographer. You will be provided with a lead apron and thyroid shield to wear. This ensures that the risk to you is minimal.

### **However you should not help support the patient if:**

- You do not feel happy to accept the risks described above;
- There is any chance that you might be pregnant;
- You have accompanied a patient for a CT scan on more than 10 occasions in the past year.

If any of these apply, please tell the radiographer immediately. We will then attempt to arrange for someone else to support the patient during their scan.



## Patient Information

N.B If the comforter and carer are not following the instructions and they are putting themselves in a hazardous position then the **radiographer must refuse** to undertake the examination.

The Trust has access to interpreting and translation services. If you need this information in another language or format please ask and we will do our best to meet your needs.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email [feedback@uhcw.nhs.uk](mailto:feedback@uhcw.nhs.uk)

### Document History

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