

Patient Information

Radiology

Discharge advice for patients following insertion of a vascular closure device

Date.....

Patient's name.....

Procedure.....

Consultant.....

Vascular Closure Device used.....

A vascular closure device is used to seal the femoral artery in your groin after an angiogram or angioplasty. It is a device which closes the puncture site, leaving your artery as it was before the procedure.

If you have been given a card, please carry it with you for the 3 months after the procedure and have it available for any medical appointments. Using this closure device reduces the amount of time you need to remain flat and on bed rest after the procedure.



Following the insertion of your vascular closure device

The following information is for your safety.

- **Do not drive** on the day of your procedure or for 2 days after your procedure.
- You should be accompanied home and have someone stay with you overnight.
- You may shower. Avoid baths for 4 days.
- Gently clean the site with soap and water whilst in the shower. Dry thoroughly. Do not apply any lotions or powders.
- A stitch may be visible in your groin where the vascular closure device was inserted. Do not pull it - it will dissolve on its own.
- Inspect the site daily making sure the area is clean and dry to prevent infection.
- Place your hand over the insertion site if coughing, sneezing or straining for 12 hours after the insertion of a closure device.
- Refrain from strenuous activity for the next 72 hours - do not lift weights greater than 2.2kg (5 pounds).
- You may notice a small 'pea size' lump in your groin. This usually disappears within 2 to 3 months after the procedure.

If severe bleeding occurs at the puncture site, lie down and apply firm pressure. Ring 999 for an emergency ambulance to bring you to the hospital.

If you experience any of the following, please report to the hospital's Accident and Emergency department:

- Large swelling, oozing or sudden pain at the puncture site
- Loss of sensation, numbness or swelling in the affected limb

If you experience any of the following, please contact your GP:

- Raised temperature
- Redness and/or warmth at the puncture site
- Persistent tenderness or swelling at the puncture site

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Further information

If you have any questions or would like further information, please contact the Interventional Radiology Department on 024 7696 7115.

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact the number on your appointment letter and we will do our best to meet your needs.

The Trust operates a smoke free policy.

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