

Breast Screening Unit

Mammogram

This information will help you prepare for your visit to the Breast Screening Unit.

What is a mammogram?

A mammogram is an X-ray test of the breasts. Specially trained female staff called mammographers carry out the mammogram.

Preparation

No special preparation is needed. But wearing skirt or trousers will make it more comfortable and convenient.

What will happen?

Please report to the reception desk when you arrive at the Breast Screening Unit. The staff will check your details. They will then direct you to one of our waiting areas.

You will only need to undress to the waist for the examination.

During your examination

The mammographer taking the images will first explain what will happen. She will then place your breast onto the mammography machine.



Patient Information

The mammographer will compress your breast by lowering a plastic plate to flatten it. This can sometimes be uncomfortable but lasts only for a few seconds.

Good compression will help us to:

- Spread the breast tissue to help show fine detail
- Keep the breast still to avoid blurring of the X-ray image
- Reduce the radiation dose

After your examination

Once the examination is complete, you can collect your belongings. You can then go home, return to work, or attend clinic.

Results

A member of the specialist team will interpret the images taken during your examination. The results will be made available to your GP or referring Specialist.

Sometimes, we may need to take more images or do an ultrasound scan to get more information.

We aim to make you feel welcome and make your visit as pleasant as possible. If you feel unhappy with any part of your care, please ask to speak to the Breast Imaging Service Manager.

For more information, please visit:

<https://patient.info/cancer/breast-cancer-leaflet/mammogram>

<https://www.nhs.uk/conditions/breast-screening-mammogram/>

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact us on 024 7696 7200 and we will do our best to meet your needs.

Patient Information

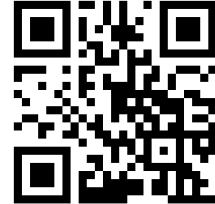
The Trust operates a smoke-free policy.

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

Have your say. Scan the QR code or visit:

www.uhcw.nhs.uk/feedback



Document History

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