

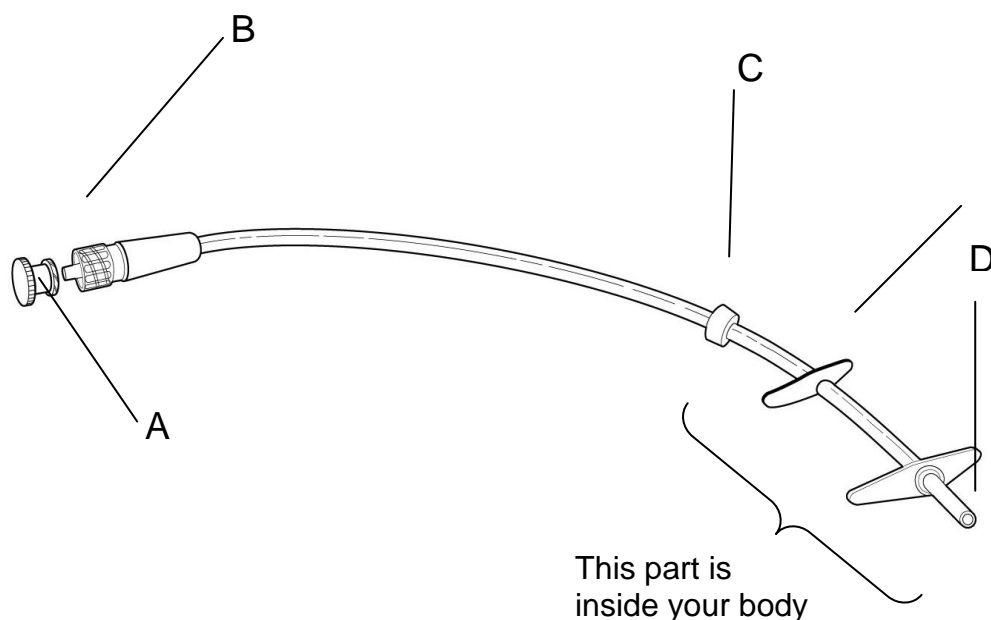
Department of Nutrition and Dietetics

Care of your Mic Jejunostomy Feeding Tube

What is the tube for?

The tube has been inserted into your small bowel by the surgeon, to provide fluid and nutrients while you are unable to take sufficient food or fluid by mouth.

It is important that you care for your tube properly to prevent infection and blockage of the tube.



- A. Cap
- B. Connection port (male luer lock)
- C. Dacron Cuff
- D. Fixation wings

Flushing your Jejunostomy tube

Your tube should be flushed with 30ml cooled boiled or sterile water twice a day using a syringe.

Care of your syringe: use one syringe per week. Clean by washing in warm soapy water, rinse and air dry. The plunger should be separated for washing.



Patient Information

The tube should be flushed as follows:

- Wash hands thoroughly with soap and water;
- Prepare a clean surface and open syringe and cap packaging;
- Draw up 30ml of recommended water into a 50ml syringe;
- Pinch your feeding tube, to prevent any back flow of fluid;
- Remove cap;
- Attach syringe to connection port, release tube and gently press the plunger until the syringe is empty;
- Pinch the feeding tube again, remove syringe and place cap back on to connection port.

If your fluid intake is poor, you can flush extra cool boiled water through your jejunostomy tube (contact your Dietitian for further advice).

Feeding through your Jejunostomy tube

Your dietitian will provide you with instructions on the type of feed and the quantity needed each day. The community nutrition nurse will provide training and instructions for administering the feed.

Do not put anything down your tube that hasn't been prescribed for this purpose.

Medications through your Jejunostomy tube

Ideally no drugs or medications should be given through your tube. Occasionally it may be necessary for drugs to be prescribed to go through your tube. Please contact the community nutrition nurse for advice.

Removing the tube

The tube should not be twisted or pulled as it is secured inside your body by the Dacron cuff and fixation wings. Your surgeon will remove the tube if it is no longer needed for feeding.

Under normal circumstances your tube will not come out. However should this happen contact your district nurse or GP.

Contact numbers

Community nutrition nurse:	024 76966094 07733 225026 (Coventry)
Dietitian:	024 7696 6161
Homeward:	08457 623603 (Out of hours advice line)

The Trust has access to interpreting and translation services. If you need this information in another language or format, we will do our best to meet your needs. Please contact the Nutrition and Dietetic Department on 024 7696 6161.

The Trust operates a smoke free policy

This leaflet was written by Coventry Dietitians at University Hospitals Coventry and Warwickshire NHS Trust. Illustrations kindly provided by Vygon (UK) Ltd (website www.vygon.com).

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