

Occupational Therapy

Activity Daily Living Equipment on Discharge from Hospital

Introduction

This leaflet is to inform you of what activity daily living (ADL) equipment may be available to patients on discharge from hospital. This leaflet also provides some important contact numbers for service users who live in the Coventry, Warwickshire and Northamptonshire area.

The ward therapy teams will assess and be able to advise you on what equipment is needed to establish a safe and appropriate discharge home. Service users will not necessarily need or require all the equipment shown in this leaflet.

The Occupational Therapist on the ward will discuss with you what equipment you will require upon discharge from hospital. Ordering and provision of equipment is based on individual need.



Raised Toilet Seat

A raised toilet seat may be provided if you have difficulty sitting down on the toilet or standing up from it. These come in 2", 4" or 6" sizes and fit on most toilets.



Free Standing Toilet Frame

Free standing toilet frames are used to help provide increased support when standing up or sitting down onto a toilet.



Patient Information



Mowbury/Scandia Toilet Frame

This frame offers the support and extra height of the Raised Toilet Seat and the Free Standing Toilet Frame.



Commode

Commodes are provided to help service users who may not have the strength to manage stairs multiple times in a day or to assist with night time toileting needs.



Mobile Commode

Mobile commodes may be provided to patients who have reduced mobility and are unable to walk to the toilet. This commode can be brought to the service user if needed.



Perching Stool

A perching stool can be used in the bathroom or the kitchen. It can help a service user who tires quickly to manage their washing/dressing, or can help when preparing food. The seat slopes forward slightly to help with core strength. Stools with no arms or backs can also be provided if suitable.

Patient Information



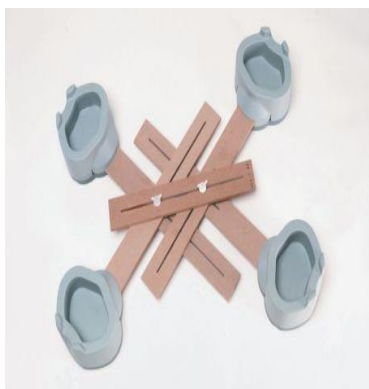
Kitchen Trolley

Kitchen trolleys are used to help service users to move items around their kitchen or to another room. Kitchen trolleys are unable to support weight, therefore are not used to aid in walking.



Bed Lever

Bed levers are used to help service users increase their independence getting in/out of bed. These may not be suitable for every service user and will need discussion with the therapy team on the ward.



Chair and Bed Raisers

Bed and chair raisers can be fitted to furniture if a service user is struggling to get up from chairs or beds. Some furniture may not be able to be raised and other styles of raisers may need to be considered. Some beds and chairs cannot be raised.



Helping Hand

Helping hands can be used if service users struggle to bend and reach the floor. These are typically provided to patients who have Total Hip Precautions. Service users in the Warwickshire area will have to buy this piece of equipment independently.

Patient Information



Long Handled shoe horn

These can be issued to help when putting on shoes if a service user is unable to reach their feet. Service users in the Warwickshire area will have to buy on their own accord.



Sock Aid

These are used to assist with putting on socks. Service users in the Warwickshire area will have to buy this piece of equipment independently.



Wheeled Zimmer Frame

A wheeled zimmer frame provides stability for services users who require increased support when walking. If you live in a house it is likely that you will need two once you are discharged home.



Elbow Crutches

Elbow crutches are used to assist with mobility if a service user has the stability and balance to use them safely.

Patient Information



Gutter Frame

Gutter frames are normally used if a service user is not allowed to put weight through one or both of their wrists. Gutter crutches are also available if the therapy team deems that they are suitable.

Useful Information

Coventry Equipment Stores	02476 785353
Coventry Wheelchair Service	02476 237 055
Opal Assessment and Demonstration Centre	024 7678 5252
Warwickshire Wheelchair Service	01926 317723
Coventry and Warwickshire Red Cross	024 7630 4200
Milbrooke Equipment stores:	Rugby - 0333 240 8335 Northampton– 0845 894 0650
Northampton Red Cross:	0345 054 7171

Further Information

If you have any questions or would like further information, please contact the Occupational Therapy team on 024 7696 5717.

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 5106 and we will do our best to meet your needs.

The Trust operates a smoke free policy

Document History

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