

Physiotherapy

Therapy support for patients with Neurological or Oncological conditions and injuries

Introduction

We are a team of specialist therapists working with adults with a Neurological/ Oncological condition or injury.

Your therapist will discuss with you any problems you are having. These may include:

- Mobility
- Getting on/off your chair, toilet, bed
- Using the bath/shower
- Washing and dressing
- Preparing a hot drink
- Getting around inside your home and outdoors
- Breathlessness and productive cough
- Balance
- Joint stiffness or muscle weakness
- Fatigue Management
- Wheelchair Mobility/Referral
- Managing the stairs

Why do I need therapy support?

Your therapist is trained to offer practical help and advice to help you to cope with everyday tasks which you may now find difficult due to your medical condition. This may be by:

- Working with staff including nurses, doctors and social workers to plan a safe discharge from hospital
- Practising activities with you to help increase your confidence and stamina
- Referrals to Community/ Outer Agencies
- Providing equipment to maintain your independence

What does therapy involve?

The intensity of your treatment will be tailored to your individual needs. This may be with a therapist or member of our support team. We aim to provide a minimum of three therapy treatments a week (this could be a combination of physiotherapy, occupational therapy or sessions with our therapy assistants).

When appropriate we will provide advice and guidance around activities for you and your family, to supplement your treatment sessions.



Patient Information

Therapy is available from Monday to Friday between 08:30 and 16.30. Please note that due to our working times there will be occasions when you will be offered treatment during visiting times (Monday – Friday).

Who are the Therapy team?

All qualified Physiotherapists and Occupational Therapists have completed at least a three year course of study and must be state registered with the HCPC (Health and Care Professions Council). They work closely with other professionals such as doctors, nurses, social workers and Outer Agencies.

- Qualified Physiotherapists wear a white and navy blue uniform
- Qualified Occupational Therapists wear a white and bottle green uniform
- Therapy assistants wear grey, green or blue tunics.

Further information

If you require any further information or if you have any other questions, you can contact your therapy team either by asking a member of the ward team, by arranging to meet them on the ward, or by calling:

For ward 42/ 43 patients: 024 7696 5126

For ward 34/ 35 patients: 024 7696 5510

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact us on the above numbers and we will do our best to meet your needs.

The Trust operates a smoke free policy

Document History

Author	Jennifer Lawley
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Contact Tel No	26013
Published	January 2017
Reviewed	March 2019
Review	March 2022
Version	1
Reference No	HIC/LFT/2098/17