

## Head and Neck Cancer Speech and Language Therapy

# Loading your Exdwelling Valve into a Gel Cap

**To ensure that your exdwelling valve is inserted into the puncture successfully, a gel cap must be placed over the end of the valve before insertion.**

Following these few easy steps will ensure the valve is prepared correctly before insertion:

Thoroughly clean your hands in soap and water before cleaning your valve.

- Make sure the loading tool has the side marked **top** facing upwards;
- Pull the valve into the loading tool by its tag;
- Place the clear half of the gel cap into the centre hole; throw the red half away;
- Push the valve into the gel cap and out of the loading device using the push rod;
- Remove the valve from the loading tool;
- Put the valve onto the introducer and attach the tag over the safety peg.

**If you have any problems please contact the Head & Neck Speech and Language Therapy team via Telephone: 024 7696 6449.**



## Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 6449 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

### Document History

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