

Moving to another place of care

This leaflet explains why you're leaving hospital and what to expect.

You're ready to leave hospital

You no longer need hospital care. Together, we have agreed that you're safe to leave hospital. This will help your recovery.

A place in the community has been arranged for you, free of charge for a limited time, to support your recovery. If you decide not to accept this care, you will not be able to stay in hospital. A member of staff will respond to concerns, offer advice, and support you to make a decision about your next steps.

Why it's better for you to leave hospital

Staying in hospital for longer than you need to:

- increases the risk of you getting an infection
- causes you to lose muscle and strength
- makes it harder for you to do things on your own

This means it's better for you to leave hospital with a plan ready to meet your needs.

Care after you leave

The level of care, support, and therapy you receive will depend on your individual needs.

During your stay, the community team will assess your ongoing needs. They will discuss the timing of this assessment and any future costs with you.



Contact after hospital

- For questions about your place in the community, please phone:

- For questions about **outpatient appointments**, please phone the booking centre on 02476 968555
- For questions about **your recent hospital care**, please phone or see your GP.

Please ask our staff if you need this information in another language or format. We'll do our best to meet your needs.

UHCW has a smoke free policy.

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.



Have your say. Scan the QR code or visit:

www.uhcw.nhs.uk/feedback