

Planning before you leave hospital

This leaflet explains how we help you plan before you leave hospital.

Why plan before you leave

You'll leave hospital when you do not need hospital care. We'll discuss and decide with you when you're ready to leave. The time when you leave hospital is called being "discharged."

We help you plan now so that you're ready to leave. This helps make sure you're safe and any care you need is ready for when you're discharged.

What to expect from hospital staff

During your hospital stay, we'll discuss and plan with you:

- what is going to happen during your hospital stay
- how we decide when you're ready to leave
- when we think you'll leave (date of discharge)
- whether you'll return home or somewhere else
- care or support you may need
- transport you may need
- if you want family or carers involved

Care after you leave

You may need more care now than before you came into hospital. This care can be for your recovery or short-term needs.

Most patients go home or return to their care home. Sometimes patients need care provided by a place in the community.



Rehabilitation at Hospital of St Cross, Rugby

If you need short term physiotherapy or occupational therapy as an inpatient, we may move you to Hospital of St Cross, Rugby. Rugby Rehabilitation has a therapy gym and assessment kitchen which will help your recovery. This service is not available at University Hospital, Coventry.

We must use our hospitals in the best way we can. This is so we can care for new patients who are very unwell.

Leaving day (day of discharge)

You'll wait in the hospital discharge lounge until it's time to leave. If required, we'll arrange your transport and order your medicines while you wait. This helps us welcome new patients to the area where you received care.

Please ask our staff if you need this information in another language or format. We'll do our best to meet your needs.

UHCW has a smoke free policy.

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

Have your say. Scan the QR code or visit:

www.uhcw.nhs.uk/feedback

