

Patient Information



Steri-Strips

Patient Discharge information

This leaflet contains advice and information about what to expect when you leave hospital with steri-strips.

Steri-strips also called butterfly stitches are small strips, which are put on your skin to help pull the edges of your cut together. They are covered in special glue which is gentle on your skin. These glue strips have been used instead of stitches to keep the cut closed and allow it to heal more quickly.

Nutrition

You can eat and drink as normal

Mobility

You may start doing normal activities as soon as you feel well enough to do so.

Bathing

You must not get the wound wet for five to seven days.

Return to school/activity

Your parent or carer will speak to the nurse about when you can return to school/nursery.

Wound care

Your cut will be sore after the butterfly stitches are put on. After two to three days your cut will start to get better and not be as sore. You will have a scar but it will soon fade.



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Please do not:

- Pick your wound or the butterfly stitches

Bleeding:

You will need to tell your parent or carer:

- If the butterfly stitches come off and the cut is open or bleeding.
- If your cut smells or a yellow liquid comes out of it.
- If your cut gets swollen and feels hot.

Medication

If you are in pain ask your parent or carer for pain relief.

The Trust has access to interpreting and translation services. If you need this information in another language or format please ask and we will do our best to meet your needs.

The Trust operates a smoke free policy

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