

Patient Information

Oncology and Cancer Services

Health and Wellbeing events for those with a new diagnosis of cancer

Introduction

A cancer diagnosis can make you ask all sorts of questions. A health and wellbeing event helps people with cancer, their family or close friend, to understand what to expect, what local support is available and the opportunity to ask questions.

With social distancing in place our events are going online so that patients and their families can still benefit from this opportunity

Attending a health and wellbeing event

To book on to an event, see contact details over the page. After your request we will send you an invite with a link to join the event.

You will need a good internet connection and a computer, laptop, tablet or smart phone that has a camera and microphone in order to get the most out of the event.

The event will last about 1 hour.

You can send your questions and we will answer these towards the end of the event. After the event, we hope to split those attending into three groups so that we can offer personalised information to patients and their families about what support is available in Coventry, North Warwickshire and South Warwickshire.



Patient Information

Our specialist presenters will offer advice about:

- Diet/eating well
- Tiredness
- Physical activity
- Emotional wellbeing
- Chemotherapy
- Radiotherapy
- Finance and benefits
- Other courses available locally
- Answer questions

Choose your event date:

Health and Wellbeing sessions	
2021	
January 28 th	February 25 th
March 25 th	April 29 th
May 27 th	June 24 th
August 26 th	September 30 th
October 28 th	November 25 th

Patient Information

To find out more about the event or if you are unable to join on the day and need information or support please contact:

Julie Bliss

Macmillan Cancer Information and Support Manager

Office Location: Main entrance UHCW

Opening Times: 8.00am - 4.00pm Monday-Friday

Phone: 02476 966052

Julie Hunt

Macmillan Cancer Information and Support Manager

Office Location: Main entrance, George Eliot Hospital

Opening Times: 9.00am - 4.00pm Monday-Friday

Phone: 02476 153201

Deborah Smith

Shirley Griffin

Macmillan Cancer Information and Support Team

Stratford and Warwick Hospital

Opening Times: 8.00am - 4.00pm Monday-Friday

Phone: 01926 495321 x5871

The Trust has access to interpreting and translation services. If you need this Information in another language or format please contact

024 7696 7238 and we will do our best to meet your needs.

The Trust operates a smoke free policy

Document History

Department:	Oncology
Contact:	27238
Updated:	December 2020
Review:	December 2022
Version:	2
Reference:	HIC/LFT/2516/20