

Community Services

Caring for your wound

This leaflet provides advice for patients and carers.

Your wound has been closed today with:

- Steri-strips
- Derma+Flex skin glue

Aftercare advice for steri-strips

- Avoid getting the wound wet whilst the dressing is in place.
- A follow-up appointment will be arranged with your practice nurse, or a UEC practitioner will visit you at home to redress your wound in 5-7 days.
- A covering dressing has been applied for your comfort and as protection for your wound.
- Please do not remove the outer dressing until advised otherwise.

Aftercare advice for Derma+Flex skin adhesive (skin glue)

- Avoid prolonged exposure to water as this will weaken the glue.
- Do not apply creams, ointments or liquids to the wound.
- The glue will naturally start to flake off within 5-10 days.
- No follow-up is generally required with Derma+Flex.

When you first sustain an injury or wound, it's normal for the area to be painful, slightly red, swollen, and warm to touch. You can take over-the-counter painkillers to help relieve discomfort. Please ask your local pharmacist for advice before taking any new medicine.



Patient Information

Please monitor your wound and call us or NHS 111 if:

- your wound reopens or begins to bleed – slight spotting or yellow staining on the outer dressing is normal if you have had steri-strips
- you think your wound has become infected
- your wound becomes more red, swollen or hot to touch
- the area around your wound or dressing becomes more red, swollen or hot to touch
- your pain or discomfort becomes worse despite use of painkillers
- there is a coloured discharge, or you notice pus coming from your wound
- there is a bad smell from your wound
- you develop a temperature or start to feel unwell

If you experience any of the above, please call 0300 200 0011 (8am to 8pm) and select the option for Community Nursing and Therapy Services.

Or call NHS 111, available 24 hours a day, 7 days a week.

The Trust has access to interpreting and translation services. If you need this information in another language or format, please ask our staff and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

Scan the QR code and on the webpage, search for OCIT or enter code **0036** to go to the feedback page for the service.



Document History

Department: OCIT: UEC

Version: 1.1

Updated: May 2026

Review: April 2028

Reference: HIC/LFT/3009/25