

Neuropsychology

Neuropsychology outpatient clinic

Changes in your brain can affect your thinking skills, emotions and behaviour. Cognition is another word for thinking skills. At our clinic, we provide cognitive assessments to assess your thinking skills and suggest ways to support you.

Why you have an appointment

You may have been referred to neuropsychology for a cognitive assessment. This may be because you have noticed changes in your thinking skills. These include changes to your memory, attention, concentration and language.

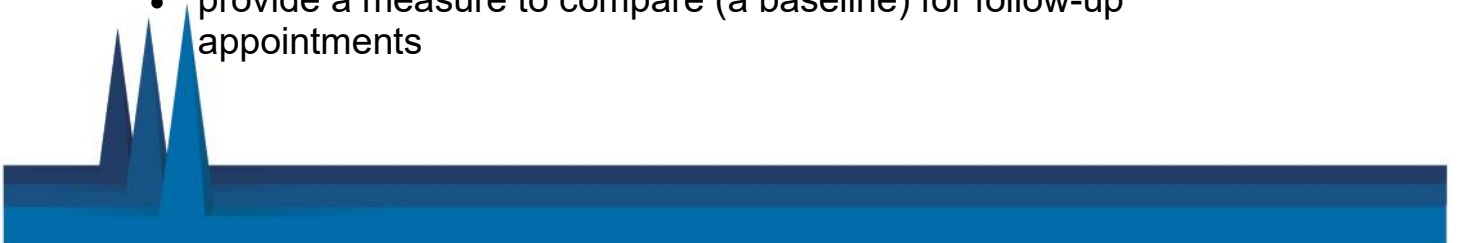
Clinical psychologists can assess these skills and can help you think of ways to manage any changes that happen because of brain injury and other conditions.

Cognitive assessment

A cognitive assessment can help us find changes and understand how you're affected. We try to understand how changes affect you in everyday situations.

Your assessment can:

- provide useful information for your consultant/specialist doctor
- identify your strengths and difficulties
- monitor your recovery or changes in thinking skills
- guide your rehabilitation plan
- provide a measure to compare (a baseline) for follow-up appointments



Patient Information

Who will assess you?

Your assessment is with a member of the Neuropsychology team. Our small team includes clinical psychologists and an assistant psychologist. All clinical psychologists in our team are registered with the Health and Care Professions Council (HCPC).

The team member assessing you will have experience in completing assessments. Sometimes, another team member will watch your assessment for their training. If this happens, we'll ask you about this beforehand. This will not affect the service you receive from us.

Bringing someone with you

If you would like someone to come with you to your appointment, then this is allowed, and may be helpful. It could be a family member, friend or carer. This can be helpful for your first appointment. Sometimes, the clinical psychologist may want to speak with you and the person supporting you together or see you or your relative or friend alone. We will ask your permission before speaking to the person supporting you alone, and you can say no.

Preparing for your appointment

- Get a good night's sleep and eat well before your appointment.
- Bring any items you use regularly, such as your glasses or hearing aids.
- Bring any medicines with you if you need to take it during your appointment.
- You can bring a drink or light snack with you.

Confidentiality and your information

Protecting your confidentiality is important to us. We will protect your information in the same way as we do with your medical notes. We're likely to send a copy of any relevant letter or report to the professional who referred you to us or your medical team, as well as to your GP.

Patient Information

We may also send this to other professionals providing your care if your care will benefit. These can include your consultant, occupational therapists and others involved in your care. We'll always discuss your report with you and who it should be sent to.

The only time we might share your information without your permission is if there's a serious risk to you or others. We'll always try to talk to you about this first.

Useful information

If you have any questions about your appointment, parking, access or other concerns, please call the neuropsychology secretaries

Phone: 024 7696 5217

If you need ambulance transport to and from your appointment, please arrange this before your appointment and inform our neuropsychology secretaries. In some cases, you might need to book the ambulance 2 weeks in advance.

Phone: 01926 310312

Support resources

Headway: www.headway.org.uk

Phone: 0808 800 2244

Stroke Association: www.stroke.org.uk

Phone: 0303 3033 100

Wellbeing for Warwickshire: (24/7 emotional support helpline)

Phone: 0800 616171

NHS Talking Therapies: www.talkingtherapies.covwarkpt.nhs.uk/

Phone: 02476 671 090 (Monday to Friday, 9am to 4.30pm).

Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact: 02476 965 217, and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

Have your say. Scan the QR code or visit:

www.uhcw.nhs.uk/feedback



Document History

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