

Cardiology Unit

Discharge advice - Elective cardioversion

- it is **important** that you arrange for a family member or friend to **drive you home**
- you will need someone with you for the first 24 hours after discharge
- you **must not** drive or operate machinery for 24 hours
- an Outpatients appointment will be arranged and sent to you
- please apply “E45 cream” to the chest to help reduce redness - discard the cream 7 days after opening.

After cardioversion, anticoagulant drugs such as **warfarin, dabigatran, rivaroxaban, apixaban must be** continued until your doctor is convinced that your heart rhythm has remained normal.

The doctor will advise you how long you will need to take your anticoagulation (this will often mean taking it for at least a year).

If you have any questions or concerns about your elective cardioversion, contact us:

Cardiology Day Unit on 024 7696 5661
or Ward 10 on 024 7696 5635
or your own GP



Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact us on **024 7696 5661** and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

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Document History

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