

## Cardiology

# Discharge advice after your transoesophageal echocardiogram

- Arrange for a family member or friend to drive you home.
- If you have been given sedation, you will have been kept for 2 to 3 hours after the procedure to help you recover. You should feel alert and well when discharged but take things easy for the next 24 hours.
- You may experience a sore throat.
- You may notice a small amount of bleeding or bruising for up to 48 hours after the procedure.

## Eating and drinking

You can have cold drinks and food 1½ hour after the end of the procedure (at \_\_\_\_\_).

You can have hot food and drink 3 hours after the end of the procedure (at \_\_\_\_\_).

A full report will be sent to your referring specialist. They will communicate this with you and your GP.

If you have any questions or concerns about your transoesophageal echocardiogram, contact our Cardiology Bookings Team on 024 7696 5767 or contact your GP.



## Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 5635 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

### Did we get it right?

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Document History	
Department:	Cardiology
Contact:	25670
Updated:	September 2024
Review:	September 2027
Version:	7
Reference:	HIC/LFT/1272/11