

Patient Information

Cardiology Department

Injectable loop recorder discharge advice

- Please remove the dressing 2 days after the procedure.
- Please keep the wound site clean and dry for 72 hrs.
- You can have a bath or shower 1 day after the implant providing you keep the site dry.
- Pain relief can be taken as required after the implant, keeping to the recommended dose.
- Sometimes medical “glue” is used; this will form a waterproof covering over your wound. The glue will usually fall off in 5-10days, please do not pick at the glue.
- Avoid heavy lifting and manual work for 1 week.
- It can take up to 6 weeks for the wound to heal completely.
- If you notice any **redness / swelling / blistering or bleeding at the wound site**, please contact your GP in the first instance and then inform the Department of Cardiac Investigations on: **024 7696 6419**.



Patient Information

- You are advised to contact the Department of Cardiac Investigations if you experience any of your symptoms.
- Please see the remote monitoring leaflet for further guidance regarding your remote monitor, this may be a physical monitor or an App on your phone.

If you have any other questions or would like further information, please contact the Department of Cardiac Investigations on 024 7696 6419.

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 5786 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email feedback@uhcw.nhs.uk

Document History

Department:	Cardiology
Contact:	25788
Updated:	August 2022
Review:	August 2024
Version:	3
Reference:	HIC/LFT/2057/16