

Gastroenterology

Hospital Alcohol Care Team - Identifying Levels of Risk

The Alcohol Hospital Care Team at UHCW NHS Trust is committed to identifying people who are drinking at increasing and high risk levels by conducting robust screening and assessments. This is just one of the tools that you can use to make a quick assessment whether you are drinking at risk levels.

Alcohol Use Disorder Identification Test questions

Questions	Scoring system					Your score
	0	1	2	3	4	
How often do you have a drink containing alcohol?	Never	Monthly or less	2 - 4 times per month	2 - 3 times per week	4+ times per week	
How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How many units of alcohol do you drink on a typical day when you are drinking?	1 - 2	3 - 4	5 - 6	7 - 8	10+	



Patient Information

How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you failed to do what was normally expected from you because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you needed an alcoholic drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you been unable to remember what happened the night before because you had been drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Have you or somebody else been injured as a result of your drinking?	No		Yes, but not in the last year		Yes, during the last year	
Has a relative or friend, doctor or other health worker been concerned about your drinking or suggested that you cut down?	No		Yes, but not in the last year		Yes, during the last year	
						Total Score

Scoring: 0 – 7 - Lower risk

8 – 15 - Increasing risk

Patient Information

16 – 19 - Higher risk

20+ - Possible dependence

(Developed by the World Health Organisation)

About the Alcohol Care Team

The service offers brief interventions, extended brief intervention or aim to assist patients with alcohol withdrawal where appropriate.

The Alcohol hospital care team facilitates a smooth transition from hospital to community services.

- All referrals made to the Alcohol Care Team are welcomed;
- All offered screening and assessment;
- Advice and consultancy in management of alcohol related admissions;
- To foster alcohol awareness and education across a range of relevant clinical areas;
- Provides the link between hospital and community;
- Referral on to other appropriate services if required;
- Interagency working.

Risk Factors

To keep health risk to a minimum it is safest not to drink more than 14 units per week for both men and women.

Alcohol Care Team contact details

Based at University Hospitals, Coventry.

Work Hours: Monday to Friday 08.00 – 16.00

Contact details: **Alcohol Care Team Clinical Nurse Specialist**

Julius Mukarati

Julius.mukarati@uhcw.nhs.uk

Bleep number: 2100

Patient Information

Alcohol Care Team Nurse

Stacey Dell

Stacey.dell@uhcw.nhs.uk

Bleep number: 2101

Alcohol Care Team Nurse

Susan Bird

Susan.bird@uhcw.nhs.uk

Telephone: 024 7696 5564

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 5564 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email feedback@uhcw.nhs.uk

Document History

Department:	Gastroenterology
Contact:	25564
Updated:	June 2022
Review:	June 2024
Version:	4.1
Reference:	HIC/LFT/1671/13