

Gastroenterology

Hospital alcohol care team - identifying levels of risk

The Hospital alcohol care team at UHCW NHS Trust is committed to identifying people who are drinking alcohol at increasing or high-risk levels. This is achieved through screening and assessments. This is just one of the tools that you can use to make a quick assessment whether you are drinking at risk levels.

Alcohol use disorder identification test questions

Questions	Scoring system					Your score
	0	1	2	3	4	
How often do you have a drink containing alcohol?	Never	Monthly or less	2 - 4 times per month	2 - 3 times per week	4+ times per week	
How often have you had 6 or more units (if female) or 8 or more units (if male) on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How many units of alcohol do you drink on a typical day when you are drinking?	1 - 2	3 - 4	5 - 6	7 - 8	10+	



Patient Information

How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you failed to do what was normally expected of you because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you needed an alcoholic drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year have you been unable to remember what happened the night before because you had been drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Have you or somebody else been injured as a result of your drinking?	No		Yes, but not in the last year		Yes, during the last year	
Has a relative, friend, doctor or other health worker been concerned about your drinking or suggested that you cut down?	No		Yes, but not in the last year		Yes, during the last year	
						Total Score

Patient Information

Scoring: 0 – 7 - Lower risk
8 – 15 - Increasing risk
16 – 19 - Higher risk
20+ - Possible dependence

(Developed by the World Health Organisation)

About the alcohol care team

The alcohol care team provides a range of services to support patients with alcohol-related issues. These include brief interventions, extended brief intervention and assistance with alcohol withdrawal when appropriate.

The team also plays a key role in making sure a smooth transition from hospital to community services.

- All referrals made to the alcohol care team are welcomed.
- Patients are offered thorough screening and assessment.
- The team offers advice and consultancy for managing alcohol related admissions.
- They promote alcohol awareness and education across a range of relevant clinical areas.
- The team provides a link between hospital care and community support.
- If required, the team refers patients to other appropriate services.
- The team works closely with other agencies.

Risk Factors

To keep health risk to a minimum, it is safest not to drink more than 14 units of alcohol per week for both men and women.

Alcohol care team contact details

Based at University Hospitals, Coventry.

Work Hours: Monday to Sunday (Excluding Bank Holidays), 8am to 4pm

Contact: Alcohol care team clinical nurse specialists

Telephone: 024 7696 5564

Email: Actuhcw@uhcw.nhs.uk

Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 5564 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

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