

## Department of Gastroenterology

# Inflammatory Bowel Disease (IBD) Service

### IBD Nurse Service Information for patients with Crohn's Disease or Ulcerative Colitis

You have been diagnosed with IBD (Crohn's Disease or Ulcerative Colitis). The Gastroenterology Department within the hospital specialises in the care and management of patients with IBD. This leaflet aims to introduce you to the IBD advice service available to patients with IBD and to answer some of your frequently asked questions.

If you have any questions not covered in this leaflet then please do not hesitate to contact the IBD nurses.

### Your IBD nurses are:

Nicola O'Connell (Lead CNS)

Fiona Howland (IBD CNS)

Hazel Morris (IBD CNS)

The Nurses are available during office hours Monday – Friday via the IBD Advice line **024 7696 6075** or the generic email account

[uhc-tr.uhcwibdnurse@nhs.net](mailto:uhc-tr.uhcwibdnurse@nhs.net)

IBD Advice Line: available Monday to Friday, excluding bank holidays. We



## Patient Information

are not always in the office so please leave a message with your name and phone number and we aim to get back to you within 48 hours.

For advice outside of these times, please contact either your GP, Walk in Centre or A&E as appropriate.

Please ring the advice line or email for the following:

- Advice on flare of IBD.
- Advice on IBD treatment.
- Prescriptions for IBD medication prescribed by the hospital and not your G.P
- Blood monitoring & test results.
- If we have advised you to call following a change in treatment or appointment.
- If you have any signs of infection or Covid-19 and you are taking immuno-suppression medications for your IBD.

## COVID-19 Information

Please see Crohns & Colitis UK and GOV.UK website regularly as guidance changes rapidly.

[www.crohnsandcolitis.org.uk/support](http://www.crohnsandcolitis.org.uk/support)

[www.gov.uk](http://www.gov.uk)

[www.bsg.org.uk](http://www.bsg.org.uk)

For guidance and recommendations on IBD patients on medication and the Covid-19 Vaccine please see the links below.

<https://www.crohnsandcolitis.org.uk/news/latest-coronavirus-vaccine-for-people-with-crohns-or-colitis>

<https://www.bsg.org.uk/covid-19-advice/british-society-of-gastroenterology-inflammatory-bowel-disease-section-and-ibd-clinical-research-group-position-statement-on-sars-cov2-vaccination/>

## Consultant Gastroenterologists:

<b>Dr Ahmed:</b>	<b>Secretary:</b>	024 7696 6092
<b>Professor Arasaradnam:</b>	<b>Secretary:</b>	024 7696 6087
<b>Dr Burch:</b>	<b>Secretary:</b>	024 7696 7041
<b>Dr Darlow:</b>	<b>Secretary:</b>	01788663467
<b>Dr Disney:</b>	<b>Secretary:</b>	024 7696 7041
<b>Dr Gordon:</b>	<b>Secretary:</b>	024 7696 6088
<b>Dr Kodali:</b>	<b>Secretary:</b>	024 7696 7041
<b>Dr Mannath:</b>	<b>Secretary:</b>	024 7696 6088
<b>Dr Mcfarlane:</b>		024 7696 7041
<b>Professor Nwokolo:</b>	<b>Secretary:</b>	024 7696 6087
<b>Dr Than:</b>	<b>Secretary:</b>	024 7696 7142
<b>Dr Unitt:</b>	<b>Secretary:</b>	024 7696 6089
<b>Dr Widlak:</b>	<b>Secretary:</b>	024 7696 7142
<b>Dr Wong:</b>	<b>Secretary:</b>	024 7696 6089

## Further support is available below:

**UHCW IBD Advice**

024 7696 6075

[uhc-tr.uhcwibdnurse@nhs.net](mailto:uhc-tr.uhcwibdnurse@nhs.net)

## **Crohn's and Colitis UK (CCUK)**

Information service for Crohn's & Colitis Support including emotional support.

0300 222 5700

Mon- Fri 09:00 – 17:00 (office hours)

[www.crohnsandcolitis.org.uk/support](http://www.crohnsandcolitis.org.uk/support)

## Patient Information

Alternatively email: [helpline@crohnsandcolitis.org.uk](mailto:helpline@crohnsandcolitis.org.uk)

The Trust has access to interpreting and translation services. If you need this Information in another language or format please contact 024 7696 6075 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email [feedback@uhcw.nhs.uk](mailto:feedback@uhcw.nhs.uk)

### Document History

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