

## Cancer Services

# Information for You: Cancer Bereavement Services

When you have lost a loved one, it can be difficult to manage your rapidly changing emotions and to cope with your feelings. Some people find it useful to talk to others, whilst some feel they need time alone. The ward nurses or your Clinical Nurse Specialist will be able to talk to you if required and listed below are some sources of support and information that may be of help at this time.

If you have any questions about this information please speak to the Cancer Information Specialist in the Cancer Information Centre or call 024 7696 6052.

### The following information is available:

- University Hospitals Coventry and Warwickshire produce a booklet '**Information and advice for bereaved families and friends**' which is usually given out following a death. This booklet explains the process of obtaining the death certificate and the formal steps that are required after a death.
- '**What to do after a death**' booklet (DW&P): This booklet produced by the Department of Work and Pensions contains practical advice about what to do after someone dies including arranging the funeral, funeral payments, and how to manage a will and possessions.
- '**End of Life: a guide**' (Macmillan/ Marie Curie): Section 10 of this booklet has been written for partners, relatives and friends. It considers the practical and emotional issues that arise after someone has died
- **Counselling services:** Some people find that after someone dies they require extra support to deal with the emotions that arise. The ward nurse, Clinical Nurse Specialist or Cancer Information Specialist who cared for your relative or friend can talk this through with you. They may also refer you to a counselling service within the hospital, or suggest that you contact a counsellor locally if this would help.
- **Support services:** Support for those who have been bereaved is available in the community not only from friends and family but from charities, helplines, support groups and spiritual leaders. Some of these are listed in this leaflet.



## Patient Information

### **Hospital Information contacts:**

#### **Macmillan Cancer Information Centre**

The Centre is available to anyone affected by cancer and is open Monday to Friday 8.00am – 4.00pm. Telephone 024 7696 6052

#### **Bereavement Office**

The Bereavement Office is open Monday to Friday

9.30am – 4.00pm. Telephone 024 7696 4000 and ask to be put through to the Bereavement Office

#### **Faith Centre**

The Faith Centre supports families and carers whether active in expressing a faith or not. Telephone 024 7696 4000 and ask to be put through to the Faith Centre.

### **Local and National Information:**

#### **Age UK**

An information and advice service for older people providing various local services

Coventry 024 7623 1999

National - 0800 169 6565

#### **Bereavement Advice Centre**

A web and telephone based service operating nationally to give support and information following a bereavement. They can register you on the bereavement register to prevent junk mail being sent to the deceased.

National Helpline 0800 634 9494 open from 9.00am – 5.00pm Monday to Friday

[www.bereavementadvice.org/](http://www.bereavementadvice.org/)

#### **Macmillan Citizens Advice Bureau**

A free advice service for those with money, legal or other problems

Coventry Nuneaton Bedworth and rugby 02476 252050

E mail- [macmillan@coventrycab.org.uk](mailto:macmillan@coventrycab.org.uk)

#### **City Council's Bereavement Services**

Information on how to arrange funerals, and answers on related questions - ask for bereavement services

Coventry City Council - Telephone 024 7678 5486

Warwickshire District Council - Telephone 01926 410 410

## Patient Information

### **CRUSE bereavement care**

A counselling and support service for those bereaved.

**Coventry and North Warwickshire area**      024 7667 0714

**Rugby branch**      07714 586654

**South Warwick**      07730 216700

For other areas please call the helpline      0844 477 9400

The national helpline is open

9.30am – 5.00pm Monday and Friday

9.30am – 8.00pm Tuesday, Wednesday and Thursday,

[www.crusebereavementcare.org.uk](http://www.crusebereavementcare.org.uk)

### **Macmillan Cancer Support**

A national charity providing support and information for those affected by cancer

You can drop in to a centre at:

**University Hospital, Coventry**      8.00am – 4.00pm (Monday to Friday)

Telephone: 024 7696 6052

**Aylesford Unit, Warwick hospital**      9.00am – 4.00pm (Monday to Friday)

Telephone: 01926 495321 ext 8214

**George Eliot Hospital, Nuneaton**      8.30am – 4.30pm (Monday to Friday)

Telephone: 024 7615 3201

**Macmillan support line 0808 808 00 00**      Monday - Friday (9.00am – 8.00pm)

[www.macmillan.org.uk](http://www.macmillan.org.uk)

### **Samaritans**

The Samaritans offers confidential non-judgmental emotional support for those experiencing distress or despair. Local branches offer a face-to-face service or you can contact them by email, letter or the 24 hour helpline

Telephone: 08457 90 90 90

[www.samaritans.org](http://www.samaritans.org)

## Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 6052 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Author: Deborah Smith, Cancer Information Specialist  
Contact: 26052  
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