

Oncology

Macmillan Clinical Nurse Specialist: Germ Cell

This leaflet aims to tell you about the role of the Clinical Nurse Specialist and Key Worker. During your treatment for testicular cancer you will be assigned a Clinical Nurse Specialist who will often also be your Key worker.

What is a Clinical Nurse Specialist (CNS)?

There are many different kinds of nurses involved in cancer care including the Clinical Nurse Specialist (CNS). Clinical Nurse Specialists and will have undertaken specialist training in cancer and its management. Some CNSs are funded by the charity Macmillan Cancer Support which is the case for the Germ Cell CNS.

What does the Macmillan Germ Cell CNS do?

They are able to offer support, information, advice and guidance to patients with testicular cancer.

All patients with cancer should have access to a CNS. They are usually present with the consultant when a diagnosis of cancer is given. If you are not sure whether you have been assigned a CNS, please ask your consultant.

The CNS works closely with hospital nurses, doctors and other health care professionals to maximise the independence, dignity and quality of life of people suffering from cancer. They also liaise closely with community



Patient Information

carers and family doctors (GPs) to ensure the highest quality of care at home.

You may see the CNS when you are on the ward, whilst having surgery, radiotherapy or chemotherapy treatment, or at your outpatient appointments.

You will be given contact details by your CNS and they can be contacted either by telephone or bleep between the hours of 9.00am - 5.00pm Monday to Friday.

Unfortunately, there is no emergency service. If you are at home, please contact your GP. If you are in hospital, please speak to one of the nurses.

What can the Macmillan Germ Cell CNS offer me?

- A contact point for people with cancer at any stage
- Advice and support for you, your relatives, carers and friends.
- Advice about treatments such as radiotherapy and chemotherapy
- Information about your illness.
- Advice on your continued care at home.
- Someone to talk to about worries or problems
- Advice on relationship, fertility or sexual problems.
- Advice on how to manage financial problems.
- Be a link between yourself and your medical team

What is a Key Worker?

The Key Worker is a member of the medical team looking after you and will be your main point of contact for any concerns you may have about your tests or treatment. They will be very familiar with your case and will co-ordinate your care.

This role is usually carried out by the CNS, but this name may change as your needs change. We will let you know if this happens.

Patient Information

Your Macmillan Clinical Nurse Specialist is:

Your Key Worker is:

Contact Details:

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 7466 and we will do our best to meet your needs.

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Document History	
Department:	Oncology
Contact:	27466
Updated:	March 2020
Review:	March 2022
Version:	4.1
Reference:	HIC/LFT/1132/10