

## Oncology and radiotherapy

# Information for you: Radiotherapy

You and your family may require information on your condition, possible treatments and living with cancer. This information sheet aims to signpost you to staff and services that can give you this further information.

Please see the link for a video to explain a little more in detail what to expect

<https://www.uhcw.nhs.uk/our-services-and-people/our-departments/radiotherapy/>

Information is available from your **Radiographers** or from the **Cancer Information Centre** about:

- Radiotherapy – Information about radiotherapy and managing treatment related side effects
- Counselling and Complementary Therapies

A variety of information from different providers is available free from **the Cancer Information Centre**. This is a selection:

### Conditions and Treatments:

- Information about specific cancers and treatments including side effects
- Central venous lines and other methods of delivering chemotherapy
- Cancer Research Trials



## Patient Information

### **Symptom control**

- Coping with fatigue, pain, hair loss and body changes
- Controlling the symptoms of cancer including nausea and vomiting
- Blood and platelet transfusions

### **Emotional issues**

- Talking to children about cancer, talking about your cancer and helping others talk to you
- Emotional effects of cancer both during and after treatment
- Life after cancer treatment, lifestyle choices after cancer diagnosis including weight management, physical activity and giving up smoking
- Local, national and online courses for cancer survivors

### **Practical issues**

- Avoiding infection
- Mouth care
- Travel and cancer, including specialist insurers who may be able to help
- Work and cancer
- Financial issues

### **Other issues**

- Carers information
- Diet and cancer
- Complementary therapies
- Sexuality and cancer
- Specific cancer charity contact details
- Local and national support groups

## **Hospital Information contacts**

### **Macmillan Radiotherapy Specialist Radiographers 024 7696 7290**

If you have any queries, or require advice or support please speak to the Macmillan Radiographers based in the Arden Centre or phone them on the above number. An answer phone facility is available and they will return your call as soon as possible.

### **Radiotherapy Department Reception: 024 7696 7272**

### **Cancer Information Centre: 024 7696 6052**

Our Cancer Information Specialist can offer free support, practical advice and information to anyone affected by cancer including family and friends. No appointment is needed and an answering machine facility is available. The service is open Monday to Friday 8.00am to 4.00pm.

## **Hospital car parking**

Patients receiving ongoing chemotherapy and radiotherapy as an outpatient will receive free car parking and some patients may be entitled to reimbursement if they receive certain benefits – please ask for details.

## **Free prescriptions**

Patients diagnosed with cancer or who continue to be affected by the side effects of disease or treatment are entitled to free prescriptions, please ask about an exemption certificate.

## **National information sources**

If you do not have access or are not confident to use the internet, please contact the Cancer Information Centre for help in obtaining appropriate information.

**Cancer Research UK** [www.cancerresearchuk.org](http://www.cancerresearchuk.org).

Free phone 0808 800 40 40 or contact the nurses via the website

## Patient Information

**Macmillan Cancer Support** [www.macmillan.org.uk](http://www.macmillan.org.uk)

Free phone 0808 808 00 00

Lines open Monday to Friday 9.00am - 8.00pm

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 7514/15 and we will do our best to meet your needs.

The Trust operates a smoke free policy

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