

## Oncology

# Macmillan Clinical Nurse Specialist: Cancer of the Unknown Primary (CUP)

This leaflet explains the role of the Clinical Nurse Specialist and Key Worker. During your cancer treatment you will be assigned a Clinical Nurse Specialist.

### What is a Clinical Nurse Specialist (CNS)?

There are many different kinds of nurses involved in cancer care including the Clinical Nurse Specialist (CNS). Clinical Nurse Specialists have undertaken specialist training in cancer and its management. Some CNS's are funded by the charity Macmillan Cancer Support, which is the case for the cancer of unknown primary (CUP) CNS.

### What does the Macmillan Cancer of the Unknown Primary CNS do?

They offer support, information, advice and guidance to patients with a diagnosis of CUP. CUP means that your doctor is not sure where the cancer started. They have found a **secondary cancer** but have not been able to find the primary tumour.

All patients with cancer should have access to a CNS. They are usually present with the consultant when a diagnosis of cancer is given. If you are not sure whether you have been assigned a CNS, please ask your consultant.

The CNS works closely with hospital nurses, doctors and other health care professionals to maximise the independence, dignity and quality of life of people suffering from cancer. They also liaise closely with community carers and family doctors (GPs) to make sure the highest quality of care at home.



## Patient Information

You may see the CNS when you are on the ward, whilst having surgery, radiotherapy or chemotherapy treatment, or at your outpatient appointments.

You will be given contact details by your CNS and they can be contacted either by telephone or bleep between the hours of 8.00am - 4.00pm Monday to Friday.

**Out of Hours contact:** Oncology Ward 35: Tel 024 7696 4000, ask for bleep 1641 or contact your GP.

### **What can the Macmillan CUP CNS offer me?**

- A contact point for people with CUP at any stage;
- Advice and support for you, your relatives, carers and friends;
- Advice about treatments
- Information about your illness;
- Advice on your care at home;
- Someone to talk to about worries or problems;
- Advice on how to manage financial problems;
- Be a link between yourself and your medical team;
- Advice on managing symptoms and side-effects.

### **Your Macmillan Clinical Nurse Specialist is:**

**Hollie Mower / Ann Lambe / Tess Clifton / Annabel Summerfield**

**Contact Details: Tel. 02476 967 190**

### **Useful websites:**

**Cancer of Unknown Primary Foundation (Jo's Friends)**

[www.cupfoundjo.org](http://www.cupfoundjo.org)

**Macmillan Cancer Support:** [www.macmillan.org.uk](http://www.macmillan.org.uk)

**Macmillan Cancer Information Centre 024 7696 6052**

## Patient Information

Information and support based at University Hospitals Coventry and Warwickshire. Cancer Information is a free service, which provides information about all aspects of cancer as well as emotional support. The service is based on the ground floor near the main entrance and is open Monday to Friday 9.00am – 4.00pm (not bank holidays).

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 5530 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email [feedback@uhcw.nhs.uk](mailto:feedback@uhcw.nhs.uk)

### Document History

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