

Renal Services

Welcome to the Home Haemodialysis Programme

Dear Patient,

You are now one of the people who will dialyse at home. Well done.

What happens next?

You should have an idea of which machine you would like to use at home - either the Braun or NxStage. The Home Haemodialysis Team can help you with making a decision if you aren't sure.

The Home Haemodialysis Team will give the technicians your details. They will ring you to set a date visit to your home. The home visit will be planned at a time that is best for you. Up to 3 people will come to your home for this visit - the technician, the plumber, and a nurse. Together, you can talk about where the dialysis machine will go and where you will store the other things needed for dialysis.

After this visit, a date will be arranged for the plumber and maybe an electrician to do the work needed. How soon this is done will depend on the number of people already on the list waiting to go home. We will also give you an idea of the date you can start home dialysis training.

What can you do whilst you are waiting?

You can ask your dialysis unit for the booklet 'Shared Care Haemodialysis Competencies'. The nurses at your unit can help you work through this.



Patient Information

It is important to make a start learning the different jobs on dialysis as this will give you a head start. The different jobs in this booklet are for either machine, so do not worry if you are dialysing on a machine that you are not going to use at home.

The most important things to learn are:

- 1) how to figure out how much fluid you need to take off on dialysis.
- 2) how to put needles in your own fistula
- 3) keeping everything properly clean.

You do not need to know all these things before your home dialysis training but making a start will help you.

If you have chosen to have a Braun machine at home, you will continue to dialyse in your own unit. A nurse from the Home Haemodialysis Team will keep in touch with you and support staff at your unit. Training takes about 12 weeks. In the 2 weeks before going home, one of the team will come along and check you are confident.

If you have chosen to have an NX Machine at home, you will be required to dialyse at Lucy Deane Unit at George Eliot Hospital for at least 2 to 4 weeks before you go home.

What happens when you get home?

The first week you dialyse at home, a member of the team will be with you to support you. You will be allocated a Named Nurse. Your nurse will help look after your care but may not be the only nurse to help you. Where possible, your Named Nurse will be the one to take you home when you are ready to go home.

If you are confident, your Named Nurse may arrange to contact you by telephone every week after this and then visit after one month. Our aim is to make contact with people doing dialysis at home every week or less if you feel like you don't need this.

Patient Information

You will see Dr. Dan Ford in clinic about every 3 months to check you are doing well and help you personalise your treatment. In between clinic appointments, a member of the team come to your home to make sure everything is working well for you.

Annual reviews

At least once a year we will check any equipment that needs a service, like your scales, blood pressure machine and thermometer. For Braun machines, they will visit more often to check the water system.

Our nurses have yearly checks to make sure we are all up to date with policies and procedures. Over the year when we visit we will watch you do different tasks for the same reason. This will be spread out over the year so that this does not feel like a 'test' to you. Over time, things may change, so we will use these visits to make sure you receive the most up to date information.

Once you are confidently doing dialysis yourself at home, you may decide that doing things a little differently suits you better. This is fine. The nurse visiting will talk with you about any changes you make. They may carry out a risk assessment, making a note of the pros and cons. This so you can make the best choice and make sure you are safe.

Quality assurance

We welcome feedback from you and your family and from time to time we may ask you to some questions to check that our care meets your needs. We have included a few useful contact numbers for you at the end of this leaflet

Thank You,
The Home Haemodialysis Team

Patient Information

Helplines

Lucy Deane Satellite Unit – George Eliot Hospital

Telephone 02476 865692

Mobile Number 07917 592099

Open 7am to 7.30pm

Haemodialysis Unit

University Hospital Coventry and Warwickshire

Telephone 024 7696 7777

Open 7am to 10.30pm

Tracey Spencer

Home Haemodialysis Coordinator

Telephone: 024 7696 7732

Secretary to Dr. Dan Ford

Telephone 024 7696 8289

Paramjeet Grewal / Balvinder Vraitich

Renal Social Workers

Telephone 024 7696 8302

Caroline Bird

Renal Dietician

Telephone 024 7696 6151

Garry Watson

Renal Technician

Telephone 024 7696 7768

Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 8264 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

Have your say. Scan the QR code or visit:

www.uhcw.nhs.uk/feedback



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