

Patient Information

Nephrology

Welcome to the Kidney Clinic (Pre-Renal Replacement therapy clinic)

You have been referred to the kidney clinic by your GP, hospital physician or a renal doctor. The aim of this clinic is to look after patients whose chronic kidney disease (CKD) has caused their kidney function to decline.

Our aim is to provide support, education, and forward planning for our patients, enabling a smooth pathway for your chosen treatment.

What will the pre dialysis clinic do for you?

- Give education about kidney failure, types of treatment available and the support available
- Discuss treatment options
- Treat complications of kidney failure such as anaemia and bone disease
- Management of blood pressure
- Assessment for kidney transplantation and discussion of transplant options
- Quality of life issues
- Dietary advice

At each clinic visit you may have the opportunity to see various members of the renal team who are involved in your care. These can include social workers, psychologists, the transplant team and an access co-ordinator.



Patient Information

Renal consultant

The renal doctors will explain your kidney disease and the consequences of reduced kidney function. Current and future treatments such as dialysis and transplantation will be discussed, to ensure that you understand your condition and the actions required to keep you healthy.

We will give you as much information as you want and keep you informed about the timing of the interventions required in the future.

Renal nurse specialist

They will also explain about your kidney disease and the treatments available and help you to make decisions about the options open to you. It is important that you understand your kidney condition. To help you with this, information is available in written format, DVDs, books and formal education sessions. Opportunities will be provided to meet patients on dialysis treatments. Ongoing discussions will take place in the clinic about your care and treatment.

The renal nurse specialist monitors your kidney function and will arrange for medication changes and referrals to other team members or departments. They will keep you informed of your progress and blood results. Information may be by telephone, letter or email which ever is easiest for you, and you are welcome to contact us with any questions you have.

Renal dietitian

You may need to make changes to your diet to help control and support the outcome of reduced kidney function. The dietitian will discuss these with you when necessary and advise you on the foods you may need to reduce, increase, or avoid.

At each clinic visit you will be weighed and have your blood pressure checked. Blood tests will be required regularly to monitor your general health and kidney function. Please bring a list of the medication you take with you to clinic.

Patient Information

Please remember that everyone is an individual and therefore different advice will be given to each person

Contact details

If you require any further information, please use the contact details below:

Renal Nurse Specialists: 024 7696 7786

Monday – Friday 8am to 4pm

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 7786 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

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www.uhcw.nhs.uk/feedback



Document History

Department:	Nephrology
Contact:	27786
Updated:	October 2022
Review:	October 2025
Version:	5
Reference:	HIC/LFT/1322/11