

Patient Information

# Respiratory

# Community Chronic Obstructive Pulmonary Disease (COPD) Service

Mission statement: The Community COPD service aspires to deliver safe personalised care of the highest quality to all patients with COPD in Coventry.

# What is Chronic Obstructive Pulmonary Disease (COPD)?

COPD affects a person's breathing because of long-term damage to the lungs. In COPD airways become narrow (obstructed), and the air sacs become damaged. Damaged has usually been caused by an irritation such, as dust or most commonly, cigarette smoke. In a very small number of cases COPD may be hereditary.

Permanent changes start to take place if the irritation continues and the damage to the lungs becomes permanent. There are a number of treatments available that can help with symptoms, although they will not reverse the damage.

People with COPD may have symptoms including breathlessness, a cough, phlegm or sputum production and some wheeze.

Chronic, means the illness is long term.

Obstruction means blocked due to the narrowing of the airways preventing the free flow of air.

Pulmonary means the breathing system, lungs.

Disease refers to an illness.



#### **Patient Information**

#### What we provide?

- Individualised personal approach to your care
- Multi-disciplinary team of specialist physicians, nurses, physiotherapists and associate practitioners
- Spirometry.
- Self-management plans
- Inhaler technique training
- Nurse-led clinics
- Exacerbation management
- Consultant clinics
- Home visits for housebound patients

### What to expect?

On arrival to the City Of Coventry Health Centre, please report to the reception desk outlined in your letter. There is easy access for wheelchair users and a lift to gain access to other floors. If you have a Blue Badge, you must register it with security at reception. The car park is only a short walk to the clinic and there are disabled parking bays available. Please note there are no wheelchairs provided.

You will be seen by a COPD specialist nurse or respiratory consultant who will take a detailed history from you and examine you.

## What to bring with you?

A list of your medications and all your inhalers.

#### The COPD team:

Dr J. Bhat – Clinical lead, Consultant Respiratory physician Lisa Cornell – Service Manager, Community COPD service Nichola Wade – Lead COPD Clinical nurse specialist Angela O'Sullivan – COPD Clinical nurse specialist

#### **Patient Information**

Dymphna Medlock – COPD Clinical nurse specialist
Linda Heritage/Kelly Edwards – Specialist physiotherapist
Stacey Loveridge – Nursing associate
Dawn Farndon/Julie Lall – Medical secretary

### **Community COPD service**

Monday - Friday 9am - 5pm

City of Coventry Health Centre
2 Stoney Stanton Road
Coventry
CV1 4FS

Telephone: 024 7696 4167

The trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7623 7005 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

#### Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

Have your say. Scan the QR code or visit: <a href="https://www.uhcw.nhs.uk/feedback">www.uhcw.nhs.uk/feedback</a>



#### **Document History**

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