

# Respiratory

# Respiratory 2 week wait referrals

Your GP may have referred you to the chest clinic. They may have concerns about some changes happening to you or changes seen on a recent chest X-ray. You may have been directly referred to us from a screening CT scan.

### Does this mean I have cancer?

Not everyone seen in this clinic receives a cancer diagnosis.

There are many common conditions that your symptoms could relate to. This includes the possibility of cancer. We work quickly to either exclude this or get you to a diagnosis.

# **Lung Nurse Team contact details**

Advanced Nurse Practitioner: Lindsey Fitzpatrick

Clinical Nurse Specialists: Nicola Jackson, Helen Gardner,

Fiona Atkins, Jessica Hollick

Navigator: Elaine Edwards

Secretary: Wendy Ashton

Telephone: 024 7696 5505

Monday to Friday, 8am to 5pm

## What will happen at the chest clinic?

You will be seen by either a consultant, a senior doctor or advanced nurse practitioner. There may also be a lung nurse specialist present in the clinic. We may do some of your clinics over the phone to arrange investigations as quickly as we can.

### Patient Information

We'll give you more detailed information about investigations at your appointment.

Your investigations often need to take place in a certain order.

We'll need all your results before we can discuss a plan for you. Contact us and let us know if you need to change any of your investigations.

Please attend your appointments on time. Let us know if you cannot make an appointment or if there are any changes in circumstances, such as a change in medication (for example blood thinners).

## Tests you may need

### **Lung function**

Respiratory Physiology Department: 024 7696 6734

This is a set of blowing tests to see how your lungs are working. This test takes around 45 to 60 minutes and is done either at UHCW or Rugby St Cross.

#### **Blood tests**

We may need an up-to-date blood test. You can have this at either your GP surgery, local chemist or in the phlebotomy department at the hospital.

We are no longer able to do walk-in appointments in the phlebotomy department. You'll need to book a blood test online at <a href="https://www.swiftqueue.co.uk/uhcw.php">www.swiftqueue.co.uk/uhcw.php</a>.

#### CT scan

Radiology Department: 024 7696 6952

You may need a CT (computerised tomography) scan. This test is done at UHCW or Rugby St Cross.

### Patient Information

You may have already had your scan before your initial clinic appointment. If not, you'll find out about your appointment through the post or by telephone.

#### PET/CT scan

Nuclear Medicine Department: 024 7696 8212

A PET/CT scan is a nuclear medicine technique that uses a radioactive substance to look at parts of your body.

The procedure involves an injection of a substance like glucose. The PET/CT scan then detects areas of high glucose concentration in your body. We can use this to detect a wide range of conditions and guide the need for further investigations. This scan is only done at UHCW.

You must confirm your attendance with the Nuclear Medicine Department when you receive your appointment. Otherwise, we cannot proceed with the scan.

### **Biopsy**

Ultrasound Department: 024 7696 6933 Endoscopy Department: 024 7696 6755

We may need to do a biopsy to determine the type of abnormality seen. There are different ways that we can do this, and this will depend on the results of your CT or PET/CT scan. We will discuss this with you and provide you with the information for the procedure you require.

# **Useful telephone numbers**

University Hospital Switchboard: 024 7696 4000

Rugby St Cross Switchboard: 01788 572831

Smokefree National Helpline: 0300 123 1044

**NHS 111** 

### Patient Information

## What happens next?

When the tests are complete, we bring the results together at a specialist multi-disciplinary team (MDT) meeting. This meeting is currently held on a Thursday.

There will be many different specialists, doctors, and nurses at this meeting. You are not expected to attend this meeting.

Not all cases go to the MDT meeting. A consultant decides which cases go to the MDT meeting.

# After the meeting

We will contact you by telephone and offer you a clinic appointment to discuss the results. You may like to bring a friend or family member with you to this appointment.

Sometimes it might be appropriate for a telephone consultation rather than a clinic appointment.

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact us on 024 7696 5505 and we will do our best to meet your needs.

The Trust operates a smoke-free policy.

### Did we get it right?

We would like you to tell us what you think about our services. This helps us to make further improvements and to recognise members of staff who provide a good service.



Have your say. Scan the QR code or visit: <a href="https://www.uhcw.nhs.uk/feedback">www.uhcw.nhs.uk/feedback</a>

Hospital number:

Investigation:

Date:

Notes:

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