

## Day Surgery Unit

# Information for patients attending the Day Surgery Unit having a liver biopsy

**This leaflet aims to provide you with the information you need to prepare you for your stay in the Day Surgery Unit**

**Please note that the cancellation of an operation is rare and will only occur in unforeseen circumstances.**

**If between now and your admission you suffer any serious changes in your health, or circumstances arise that prevent you from attending for your planned surgery, please contact us on 024 7696 6826.**

The Day Surgery Unit opens at 7.30am on Monday and closes at 8.00pm Saturday. The reception is staffed between 7.30am and 5.00pm, Monday to Friday and an answerphone is available for out of hours calls.

### **General Information**

Operations or procedures are planned for morning or afternoon sessions and this will determine your time of arrival at the Unit.

**Your surgery session and arrival time is stated on your letter of admission**

**Theatre session times are: 8.30am to 12.30pm  
1.30pm to 5.30pm**



## Patient Information

Please do not wear make-up, nail varnish, or acrylic nails.

**Please note to ensure the privacy and dignity of other patients, we do not allow friends or relatives into the ward and clinical area of the department out of visiting hours. Please drop off your friend or relative at reception and we will contact you when they are ready for discharge. This will enable the safe and speedy recovery of the patients.**

**Visiting Hours: Monday to Sunday - 6.30pm to 8.00pm**

**Saturday and Sunday - 2.00pm to 4.00pm**

### **What to bring with you for your stay:**

- Slippers
- Dressing gown
- Specimen of urine (in a clean bottle) for routine testing
- Any medicines (including inhalers) you are taking at present
- A book or other suitable pastime

### **Please do not bring:**

- Valuables, including jewellery
- Large amounts of money (small change is useful for the telephone etc.)
- Food and drink

### **On the day of admission**

- Do not take **anything** orally (by mouth) in the **four hours** prior to admission
- Routine medication may be taken as normal – **see alert below for patients on anticoagulant medication**
- Bathe or shower before admission
- Following your procedure you will remain in hospital for at least six hours

## Patient Information

### On arrival

- Please report to reception for registration in the Day Surgery Unit
- You will be introduced to your 'Named Nurse'
- You will be seen by your consultant surgeon or his deputy who will assess you and describe the procedure.
- You will be able to ask any questions you may have
- You will be asked to sign a consent form for surgery
- Information regarding your operation or procedure and your aftercare will be provided for you prior to discharge

### **Please note: Alert for patients on anticoagulant medication.**

This medication may need to be stopped for some time before the biopsy. It is very important therefore if you are taking any medication which affects blood clotting such as **Warfarin, Clopidogrel, and Aspirin etc.**, that you **contact your doctor or medical team** as soon as possible before your biopsy.

Blood tests including a clotting test will be done within one week of the biopsy being carried out. If any of the blood tests are abnormal, the biopsy may not take place. It may be carried out only with additional measures beforehand, for example, a platelet transfusion which helps with clotting.

### **Discharge information**

Day surgery patients usually return home at the end of the operating session

### **Please arrange for your own transport home.**

You should be accompanied home by an adult family member or friend. They may stay in **Reception** or leave a contact phone number with you and be available at short notice to collect you from the Unit.

Please **do not drive home** following your procedure.

We advise you to avoid public transport.

## Patient Information

In the unlikely event that the surgeon or doctor considers that you are not fit to go home, overnight admission will be arranged.

**Please ensure that your carer is aware of your discharge and emergency contact information to ensure the best support with your recovery.**

## Further Information

We hope this information will help to prepare you for your visit to the Day Surgery Unit. If you have any further questions, please do not hesitate to contact the staff at the Unit on 024 7696 6826.

Teaching students is an important part of the work of University Hospitals Coventry and Warwickshire NHS Trust. Students who are working and learning in this department may be involved in your care. If you have any concerns about this or wish to refuse their involvement, please inform the nurse in charge of the area.

We look forward to meeting you.

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 6826 and we will do our best to meet your needs.

The Trust operates a smoke free policy

### Document History

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