

Patient Information

Day Surgery Unit

Injections (including caudal) - information following your procedure

After your treatment, you may have pain or discomfort at the site of your injection, or the pain you normally feel may be worse for a few days.

There may be slight tenderness and redness at the site of the injection. This is normal and a mild painkiller may be all that is needed. You may experience a slight headache, and your legs might feel numb following a caudal injection.

If after 48 hours, the injection site becomes hot, red, swollen, or painful, contact your GP.

Following this treatment, you should continue with your normal activities when you feel comfortable.

Tablets and medicines should be continued as usual.

Bathing

This can be continued as normal.

Time off work

Do not return to work on the same day as your treatment. After that, return when you are comfortable.



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Driving

You **must** arrange for someone to collect you from the Day Surgery Unit. **Do not** drive for 24 hours. After this, you should not drive until you are sure you can do it safely.

Before leaving the Day Surgery Unit a member of staff will advise you about any further appointments you may require.

In the event of you experiencing any problems please do not hesitate to contact your GP or the **Day Surgery Unit** on 02476 96 6868 or **024 7696 6861**.

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 6861 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

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Document History

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