

Patient Information

Day Surgery Unit

Injections (including caudal) Information following your procedure

Following your treatment you may have pain or discomfort at the site of the injection, or the pain you normally feel may be worse for a few days. There may be slight tenderness and redness at the site of the injection. This is normal and a mild painkiller may be all that is required. You may experience a slight headache, and your legs might feel numb following a caudal injection.

If after 48 hours the injection site becomes hot, red, swollen or painful, contact your GP.

Following this treatment you should resume normal activities when you feel comfortable.

Tablets and medicines should be continued as usual.

Bathing

This can be continued as normal.

Time off work

Do not return to work on the same day as your treatment. After that, return when you are comfortable.

Driving

You **must** arrange for someone to collect you from the Day Surgery Unit. **Do not** drive for 24 hours. After this, you should not drive until you are sure you can do it safely.



Patient Information

Before leaving the Day Surgery Unit a member of staff will advise you about any further appointments you may require.

In the event of you experiencing any problems please do not hesitate to contact your GP or the **Day Surgery Unit** on: **024 7696 6861**

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 6861 and we will do our best to meet your needs.

The Trust operates a smoke free policy

Document History

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