

## Day Surgery Unit

# Information for patients attending the Day Surgery Unit having a Local Anaesthetic

**This leaflet aims to provide you with the information you need to prepare you for your stay in the Day Surgery Unit**

**Please note that the cancellation of an operation is rare and will only occur in unforeseen circumstances.**

**If between now and your admission you suffer any serious changes in your health, or circumstances arise that prevent you from attending for your planned surgery, please contact the telephone number on your admission letter.**

### General Information

The Day Surgery Unit opens every day except Christmas day, Boxing Day and New Year's Day. The reception is staffed between 7.00am and 5.30pm, Monday to Thursday and 07.00am and 4.30pm, Friday.

**Your surgery session and arrival time is stated on your letter of admission.**

Operations or procedures are planned for morning or afternoon sessions and this will determine your time of arrival at the Unit. Please be prepared to stay for the whole morning or afternoon depending on your arrival time.

- Please do not wear make-up, nail varnish, or acrylic nails
- Please shower/bath before admission



## Patient Information

**Please note to ensure the privacy and dignity of other patients, we do not allow friends or relatives into the ward and clinical area of the department out of visiting hours. Please drop off your friend or relative at reception and we will contact you when they are ready for discharge. This will enable the safe and speedy recovery of the patients.**

**Visiting Hours: Monday to Sunday 6.30pm to 8.00pm  
Saturday and Sunday 11.00am to 8.00pm**

### **What to bring with you for your stay**

- Slippers
- Dressing gown
- Specimen of urine (in a clean bottle) for routine testing
- Any medicines (including inhalers) you are taking at present
- A book or other suitable pastime

### **Please do not bring**

- Valuables, including jewellery
- Large amounts of money (small change is useful for newspaper etc.)
- Food and drink

### **On the day of admission**

- For **morning** operations: a light breakfast may be taken
- For **afternoon** operations: a light lunch may be taken
- Routine medication may be taken as normal
- Bathe or shower before admission

## Patient Information

### **On arrival**

- Please report to reception for registration in the Day Surgery Unit;
- You will be introduced to your 'Named Nurse';
- You will be seen by your consultant surgeon or his deputy who will assess you and describe the procedure;
- You will be able to ask any questions you may have;
- You will be asked to sign a consent form for surgery;
- Information regarding your operation or procedure and your aftercare will be provided for you prior to discharge.

### **Discharge information**

Day surgery patients usually return home at the end of the operating session when discharge criteria is met your named nurse will tell you when you are ready for discharge. Discharge information will be provided to you before leaving the unit.

### **Please arrange for your own transport home**

If your surgical procedure is one of the following, we advise you **not** to drive:

- Toenail surgery
- Surgery near the eye
- Surgery to the hands or feet

In the unlikely event that the surgeon or doctor considers that you are not fit to go home, overnight admission will be arranged.

**Please ensure that your carer is aware of your discharge and emergency contact information to ensure the best support with your recovery.**

Teaching students is an important part of the work of University Hospitals Coventry and Warwickshire NHS Trust. Students who are working and learning in this department may be involved in your care. If you have any concerns about this or wish to refuse their involvement, please inform the nurse in charge of the area.

## Patient Information

### Further information

We hope this information will help to prepare you for your visit to the Day Surgery Unit. If you have any further questions, please do not hesitate to contact the staff at the Unit on 024 7696 6826.

We look forward to meeting you.

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 6826 and we will do our best to meet your needs.

The Trust operates a smoke free policy

To give feedback on this leaflet please email [feedback@uhcw.nhs.uk](mailto:feedback@uhcw.nhs.uk)

#### Document History

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