

General Surgery

Diabetic medication for general surgery patients on a very low calorie pre-operative diet

This advice is not to be used for bariatric patients.

Diabetes medications

Tablets

- You should **continue to take metformin until the day before** your operation.

You should **restart metformin 48 hours after your operation.**

- You should **continue** to take the following whilst on the very low-calorie diet, but you must **stop** taking the following on the **day before** your operation - linagliptin, sitagliptin, vildagliptin, saxagliptin

After your operation, please restart your normal medication.

- You should **stop** taking the following when you commence the very low-calorie diet - gliclazide, glibenclamide, glimepride, tolbutamide, pioglitazone

After your operation, please restart your normal medication.

Victoza, Byetta and Lyxumia

- You should **continue** to take the following whilst on the very low calorie diet, but you should **stop** taking them **a day before** your operation - Victoza, Byetta, Lyxumia, semaglutide or dulaglutide

After your operation, please restart your normal medication.



Patient Information

Insulin

- If you take any insulin, you will need to reduce your usual dose by 50% and carefully monitor your blood glucose levels.

After your operation continue taking your normal dose of medication, but monitor your blood glucose levels regularly and adjust the dose accordingly.

If you are experiencing difficulties or concerns with your blood glucose readings, please ring the Diabetes Specialist Nurse for advice on **024 7696 5567** or contact your own GP/Diabetic Practice nurse.

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 6051 and we will do our best to meet your needs.

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