

The Eye Unit

Going Home after Electrolysis Treatment

Banda Label

This booklet aims to give the information you need following electrolysis treatment for ingrowing eye lashes.

Today

- Avoid rubbing the eye/s.
- You may experience irritation, which may last for a couple of days.
- You may have an eye pad in place.
- Remove the eye pad in hours.
- If you have received sedation, follow the post sedation instructions given to you.

Important if you are discharged with an eye pad you **should not drive**.

You may experience some discomfort. Your eye may be red and sore. This can usually be controlled with painkillers, such as paracetamol, ibuprofen or your usual pain relief medication.



Cleaning the Eye

- Wash your hands
- Remove the eye dressing if you have one
- Dip cotton wool into cool previously boiled water and squeeze to remove excess water
- Wipe the eyelids gently from the bridge of the nose outwards. Discard the cotton wool after each wipe
- Repeat until the eye lids appear clean.
- Wash your hands
- Use the eye medication as instructed

Eye Medication

You will receive guidance about your eye medication. The chart below will help to remind you when to use your drops or ointment.

Important: Bathe the lids/wound with cooled boiled water to remove any old medication before applying fresh medication

Medication Name	8 AM	10 AM	12 NOON	2 PM	4 PM	6 PM	8 PM	10 PM

Contact the Hospital If...

- Your eye becomes more painful or more red than on the day you went home
- Your eye develops a sticky discharge
- Your vision begins to deteriorate

Contact Numbers

University Hospital Coventry Ophthalmology Day Case Unit
Monday – Friday
07.30am - 5.30pm
024 7696 5923

Ward 32: 024 7696 5238

Mr Ahluwalia's Secretary - 024 7696 6506

Mr Kumar's Secretary - 024 7696 6497

Miss Dean's Secretary - 024 7696 6505

Mrs Mehta's Secretary - 024 7696 6508

Sister Andria Johnson - 024 7696 6533

In case of emergency, please attend the Eye Casualty Department (Clinic 9), University Hospital Coventry

Open: Monday –Thursday 08.30am - 4.30pm
Friday 08.30am - 4.00pm
Saturday 08.30am - 12.00 noon
Tel: 024 7696 6627

Outside the opening times please attend the Accident and Emergency Department at University Hospital Coventry

Follow up

Your appointment will be in approximately.....weeks.
This will be posted to you. All subsequent appointments will be arranged from there onwards.

General Practitioner

You will be given the letter to take to your GP, or if you are unable to deliver it, we can post it for you.

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact 024 7696 5923 and we will do our best to meet your needs.

The Trust operates a smoke free policy

Document History

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