

Eye Unit

Eye Surgery: Day Case – General Anaesthetic

You are soon to be admitted for your eye surgery.

You will be advised of the ward details when contacted to book your surgery date

- If you have not been advised to omit your medication you should take your normal dose at the correct time.
- Please have a bath or shower before admission.
- Please wear clean loose fitting clothing.(you will change into a theatre gown on admission)
- Do not wear make-up, jewellery or nail varnish.
- Do not bring valuables with you as the hospital cannot be responsible for their safety.

Preoperative Fasting Instructions

For MORNING Operations	STOP TAKING AT:
Food or milk	2:30 am
Black tea/coffee/ squash (not juice)/ Pre-Op carbohydrate drink	6:30 am
Water	Arrival to hospital
Please do not chew gum on the day	

For AFTERNOON Operations	STOP TAKING AT:
Food or milk	7:30 am
Black tea/coffee/ squash (not juice)/ Pre-Op carbohydrate drink	11:00 am
Water	Arrival to hospital
Please do not chew gum on the day	



Patient Information

Special Instructions

Things to bring with you:

- Dressing gown
- Slippers
- Glasses
- Cotton pants
- Medication

Pre-op assessment Nurse

General anaesthetic temporarily affects your co-ordination and reasoning skills , so you **must not** drive, drink alcohol, operate machinery or sign legal documents for 48hrs following surgery.

When you are discharged home your operated eye may be padded and you could find you are unable to wear glasses.

You will be given instructions on removing the eye pad and cleaning the eye, also advice on treatment.

Please arrange for a relative or friend to escort you home by car or taxi, and stay with you for the first 24 hours.

Do not use public transport; ambulances are available for medical need only.

Useful contact numbers

Pre-op assessment nurse: 024 7696 6612 or 024 7696 6549
(Mon – Fri 9.00am – 5.00pm)

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact us on 024 7696 6612 and we will do our best to meet your needs.

The Trust operates a smoke free policy

Document History
Department: Eye Unit
Contact: 26612
Updated: July 2020
Review: July 2022
Version: 5.3
Reference: HIC/LFT/601/07