

Patient Information

## Eye Unit

# Eye surgery: Day case – Local anaesthetic/ sedation

You are soon to be admitted for your eye surgery.

Please attend the **1<sup>st</sup> Floor Theatre Suite – Ophthalmic Day Unit, University Hospital, Coventry.**

**Date** .....

**Time** .....

- You will receive a letter informing you of the date and time for surgery.
- Please follow the starving instructions given in this letter.
- If you have not been advised to omit your medication you should take your normal dose with a small amount of water.
- Please have a bath or shower before admission.
- Please wear clean loose-fitting clothing.
- Do not wear makeup or nail varnish.
- Do not bring valuables with you - the hospital cannot be responsible for their safety.

### Things to bring with you:

- Glasses
- Medication
- Eye drops



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### **Pre-op assessment Nurse .....**

- Your eye will probably be padded after the operation, and you may be unable to wear your glasses.
- Please bring contact phone numbers of the person taking you home with you
- Do not bring large amounts of money with you into hospital.
- Operations are planned for morning or afternoon sessions. This will determine your arrival time at the unit.
- Do not wear jewellery apart from a wedding ring.
- Please arrange to be collected before 5.30pm as the ophthalmic day unit closes.
- Do not drive or use public transport.
- It is advisable to have someone stay overnight.
- You will be given instructions on removing the eye pad and cleaning the eye, also advice on treatment.
- Ambulances are only available for medical need.
- Sedation temporarily affects your co-ordination and reasoning skills, so you must not drive, drink alcohol, operate machinery or sign legal documents for **24-48 hours** following surgery.
- When you are discharged home your operated eye may be covered by an eye pad and you could find you are unable to wear glasses.
- **A relative or friend should escort you home by car or taxi and stay with you for the first 24 hours.**
- Do not drive or use public transport to travel home. Ambulances are only available for medical need.

### **Useful contact numbers**

Pre-op Assessment Nurse: 024 7696 6352  
(Mon. – Fri. 9am – 5pm)

Ophthalmic Day Unit: 024 7696 5923  
(Mon. – Fri. 9am – 5.30pm)

## Patient Information

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact us on 024 7696 6612 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

### Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

Have your say. Scan the QR code or visit:

[www.uhcw.nhs.uk/feedback](http://www.uhcw.nhs.uk/feedback)



#### Document History

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## **Emergency Eye Appointments: New Booking System**

If you have an urgent eye problem, you can now book an on-the-day telephone consultation via the Eye Emergency Referral Service (EERS).



**Scan the QR code or visit [uhcw.nhs.uk](http://uhcw.nhs.uk) and search Eye Emergency Referral Service. The section How to Access our Services will take you to a link to book a telephone consultation.**

You will be spoken to by an expert clinician who will give you specialist advice on the next steps to take.

Please provide a phone number which you can be contacted on for the consultation. Please also be aware that you will be phoned as close to the allotted time as possible, although at busy times unfortunately there may be a delay.

**In the event that you feel you cannot wait to speak to someone or do not have online access then you may call 0247 696 4800.**

**This phone line is open 9am - 1pm; 1.30pm - 5pm (Monday - Friday, excluding bank holidays) and 9am - 12pm (Saturday).**

In the event of an eye emergency out of hours, please attend the Minor Injuries Unit/Emergency Department.

Please only attend the Eye Outpatient department if you have had a telephone consultation in advance and have been advised to attend.