

Patient Information

Eye Unit

Eye Surgery: Overnight stay - General anaesthetic

You will be admitted for your eye surgery soon.

You will be given the ward details when you're contacted to book your surgery date.

- If you have not been advised to omit your medication you should take your normal dose at the correct time.
- Please have a bath or shower before admission.
- Please wear clean loose-fitting clothing – this will make it easier to change into a theatre gown when you're admitted.
- Do not wear make-up, jewellery or nail varnish.
- Do not bring valuables with you as the hospital cannot be responsible for their safety.



Preoperative fasting instructions

For morning operations	Stop taking at:
Food or milk	2:30 am
Black tea/coffee/ squash (not juice)/ Pre-Op carbohydrate drink	6:30 am
Water	Arrival to hospital
Do not chew gum on the day	

For afternoon operations	Stop taking at:
Food or milk	7:30 am
Black tea/coffee/ squash (not juice)/ Pre-Op carbohydrate drink	11:00 am
Water	Arrival to hospital
Do not chew gum on the day	

Things to bring with you:

- Dressing gown
- Slippers
- Cotton pants
- Toiletries
- Pyjamas / night - dress
- Medication and Eye drops
- Glasses

A friend or relative may telephone the ward at 9am the following day to make sure that you are ready to go home.

Pre-op assessment Nurse

General anaesthetic temporarily affects your co-ordination and reasoning skills. You must not drive, drink alcohol, operate machinery or sign legal documents for 48 hours after having surgery.

When you are discharged home, your operated eye may be padded. You may find you can't wear your glasses.

A relative or friend should escort you home by car or taxi. They should stay with you for the first 24 hours.

Do not drive or use public transport to travel home. Ambulances are only available for medical need.

Useful contact numbers

Pre-op assessment nurse: 024 7696 6352
(Mon – Fri, 9am – 5pm)

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact us 024 7696 6612 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

Document History	
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Did we get it right?

We would like you to tell us what you think about our services. This helps us make further improvements and recognise members of staff who provide a good service.

Have your say. Scan the QR code or visit:
www.uhcnhs.uk/feedback



Emergency Eye Appointments: New Booking System

If you have an urgent eye problem, you can now book an on-the-day telephone consultation via the Eye Emergency Referral Service (EERS).



Scan the QR code or visit uhcw.nhs.uk and search Eye Emergency Referral Service. The section How to Access our Services will take you to a link to book a telephone consultation.

You will be spoken to by an expert clinician who will give you specialist advice on the next steps to take.

Please provide a phone number which you can be contacted on for the consultation. Please also be aware that you will be phoned as close to the allotted time as possible, although at busy times unfortunately there may be a delay.

In the event that you feel you cannot wait to speak to someone or do not have online access then you may call 0247 696 4800.

This phone line is open 9am - 1pm; 1.30pm - 5pm (Monday - Friday, excluding bank holidays) and 9am - 12pm (Saturday).

In the event of an eye emergency out of hours, please attend the Minor Injuries Unit/Emergency Department.

Please only attend the Eye Outpatient department if you have had a telephone consultation in advance and have been advised to attend.