

## The Eye Unit

Banda Label

## Going Home after Indirect Laser Treatment

**This booklet aims to give you the information you need whilst recovering from indirect laser treatment**

### Cleaning the eye

- Wash your hands
- Remove any dressings
- Dip cotton wool into cool previously boiled water and squeeze to remove excess water
- Wipe the eyelids gently from the bridge of the nose outwards.  
Discard after each wipe
- Repeat until the eyelids appear clean
- Wash your hands
- Apply ointment or drops as provided



## Patient Information

### Eye Medications

You will receive guidance about your eye drops and ointments from staff. The chart below will help to remind you when to use your medication. Be sure to wash your hands before instilling eye drops.

#### Eye Drops: Right Eye/Left Eye

Medication Name	8 AM	10 AM	12 NOON	2 PM	4 PM	6 PM	8 PM	10 PM

#### After the treatment

- You can expect the eye to be slightly red, swollen, watery and sore. This may persist for a few days.
- You may also experience blurred vision for a few days.

## Patient Information

### **Driving**

You should not drive until your vision has returned to normal.

### **Notify the hospital if...**

- You experience a sudden increase in pain
- If your eye appears to be getting increasingly red
- Your vision begins to deteriorate

### **Follow Up**

Your initial follow up appointment will be in a few weeks time.

You will be notified about any other appointments at this time.

If you have any questions please make a list and bring it with you.

### **General Practitioner**

You will be given a letter to take to your GP. If you are unable to deliver it, we can post it for you.

### **Contact Numbers**

#### **University Hospital Coventry, Ophthalmology Day case Unit**

(Monday – Friday 7.30am – 5.30pm)

024 7696 5923

#### **Wendy Sherriff (Mr. Hero's Secretary)**

(Monday – Friday 8.00am – 4.00pm)

024 7696 6494

#### **Jackie Underhill (Mr .Walter's Secretary)**

(Monday – Friday 8.00am – 4.00pm)

## Patient Information

024 7696 6496

### **Jayne Owen (Mr. Kumar's Secretary)**

(Monday – Friday 9.00am – 2.30pm)

024 7696 6497

### **Michelle Donnelly (Mr Manjunatha's Secretary)**

(Monday – Friday 8.00am – 4.00pm)

024 7696 6496

### **Michelle Donnelly (Mr Pagliarini's Secretary)**

(Monday – Friday 8.00am – 4.00pm)

024 7696 6496

In case of Emergency, please attend the Eye Casualty Department  
(Clinic 9) University Hospital Coventry  
Open Monday –Thursday 8.30am – 4.30pm  
Friday 8.30am – 4.00pm  
Saturday 8.30am – 12.00pm  
Tel 024 7696 6627

Outside of these opening times, please attend the Accident and  
Emergency Department at University Hospital Coventry.

The Trust has access to interpreting and translation services. If you need  
this information in another language or format, we will do our best to meet  
your needs.

Please contact 024 7696 5922

The Trust operates a smoke free policy

To give feedback on this leaflet please email [feedback@uhcw.nhs.uk](mailto:feedback@uhcw.nhs.uk)

#### **Document History**

Department: Eye Unit

Contact: 25923

Updated: February 2021

Review: February 2024

Version: 7.2

Reference: HIC/LFT/973/10