

## Ophthalmology

# Going home after an injection of Ozurdex (Dexamethasone Intravitreal implant)

Banda Label



**This booklet aims to give you the information you need whilst recovering.**

### Today

- Avoid rubbing the eye; you may experience irritation at the injection site for a couple of days;
- Your eyes may be quite red and watery this may last up to two weeks;
- You may have an eye pad in place. If so remove this in one hour unless specified otherwise;
- **Important:** if you are sent home with an eye pad you **should not drive**.



**You may experience some discomfort. Take pain relief such as paracetamol, ibuprofen or your usual pain relief medication.**

## **Cleaning the Eye: Right/Left**

- Wash your hands;
- Remove the eye dressing;
- Dip cotton wool into cool previously boiled water and squeeze to remove excess water;
- Wipe the eyelids gently from the bridge of the nose outwards. Discard after each wipe;
- Repeat until the eye lids appear clean;
- Wash hands;
- Instil drops as instructed.

## Eye Drops

You will receive guidance about your eye drops. The chart below will help to remind you when to instil your drops.

Medication Name	Breakfast	Lunch	Teatime	Bedtime

### Contact the hospital if...

- Your eye becomes more painful or more red than on the day you went home;
- Your eye develops a sticky discharge;
- Your vision begins to worsen.

### Further Information

If you have any questions or require more information please use the contact details below.

### Contact numbers

University Hospital Coventry Ophthalmology Daycase Unit

Monday – Friday 7.30am - 5.30pm

Tel: 024 7696 5923

## Patient Information

In case of Emergency, please attend the Eye Casualty Department (Clinic 9) University Hospital Coventry

Open Monday –Thursday 8.30am - 4.30pm

Friday 8.30am - 4.00pm Saturday 8.30am -12.00noon

Tel: 024 7696 4800

**Outside these opening times please attend the Accident and Emergency Department, University Hospital Coventry**

## Follow up

Your appointment will be in .....days /weeks at .....hospital.

This will be posted to you.

Following this you will be seen almost monthly to check your eye pressure and response to treatment. If you have any questions please make a list and bring it with you. All subsequent appointments will be arranged from there onwards.

## General Practitioner

You will be given the letter to take to your GP, or if you are unable to deliver it, we can post it for you.

The Trust has access to interpreting and translation services. If you need this information in another language or format, we will do our best to meet your needs. Please contact 024 7696 5922

The Trust operates a smoke free policy

## Patient Information

To give feedback on this leaflet please email [feedback@uhcw.nhs.uk](mailto:feedback@uhcw.nhs.uk)

### Document History

Department:	Ophthalmology
Contact:	25922
Updated:	June 2021
Review:	June 2024
Version:	5.2
Reference:	HIC/LFT/1358/12