

Ophthalmology

Going Home after an Injection of Triamcinolone Acetonide

Banda Label



This booklet aims to give you the information you need whilst recovering.

Today

- Avoid rubbing the eye;
- You may experience irritation at the injection site for a couple of days;
- Your eyes may be quite red and watery and this may last for up to two weeks;
- You may have an eye pad in place. If so, remove inhours.

Important: if you are sent home with an eye pad you **should not drive**.



Patient Information

You may experience some discomfort. Take pain relief such as paracetamol, ibuprofen or your usual pain relief medication.

Cleaning the eye: Right/Left

- Wash your hands;
- Remove the eye dressing;
- Dip cotton wool into cool previously boiled water and squeeze to remove excess water;
- Wipe the eyelids gently from the bridge of the nose outwards. Discard after each wipe;
- Repeat until the eye lids appear clean;
- Wash hands;
- Instil drops as instructed;

Eye drops

You will receive guidance about your eye drops .The chart below will help to remind you when to instil your drops.

Medication Name	Breakfast	Lunch	Teatime	Bedtime

Patient Information

Contact the hospital if:

- Your eye becomes more painful or more red than on the day you went home
- Your eye develops a sticky discharge
- Your vision begins to worsen

Further Information

If you have any questions or require more information please use the contact details below.

Contact numbers

University Hospital Coventry Ophthalmology Daycase Unit

Monday – Friday

7.30 am - 5.30pm

Tel: 024 7696 5923

In case of Emergency, please attend the Eye Casualty Department (Clinic 9) University Hospital Coventry

Open Monday –Thursday 8.30 am - 4.30 pm

Friday 8.30 am - 4.00 pm Saturday 8.30 am -12.00 noon

Tel: 02476964800

Outside these opening times please attend the Accident and Emergency Department, University Hospital Coventry

Patient Information

Follow up

Your appointment will be in aboutweeks in clinic at Hospital. This will be posted to you.

If you have any questions, please make a list and bring it with you to this appointment.

Some patients will have an appointment directly to a laser clinic. All subsequent appointments will be arranged from there onwards.

General Practitioner

You will be given the letter to take to your GP, or if you are unable to deliver it, we can post it for you.

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 5922 and we will do our best to meet your needs.

The Trust operates a smoke free policy

To give feedback on this leaflet please email feedback@uhcw.nhs.uk

Document History	
Department:	Ophthalmology
Contact:	25922
Updated:	June 2021
Review:	June 2024
Version:	6.2
Reference:	HIC/LFT/970/10