

Patient Information

Ophthalmology

Going home after electrolysis treatment

Banda Label

This leaflet aims to give the information you need after the electrolysis treatment for ingrowing eye lashes.

Today

- Avoid rubbing the eye/s.
- You may experience irritation, which may last for a couple of days.
- You may have an eye pad in place.
- Remove the eye pad in hours.
- If you have received sedation, follow the post sedation instructions given to you.

Important

If you are discharged with an eye pad you **should not drive**.

You may experience some discomfort. Your eye may be red and sore. This can usually be controlled with painkillers, such as paracetamol, ibuprofen, or your usual pain relief medication.



Patient Information

Cleaning the eye

- Wash your hands.
- Remove the eye dressing if you have one.
- Dip cotton wool into cool previously boiled water and squeeze to remove excess water.
- Wipe the eyelids gently from the bridge of the nose outwards. Discard the cotton wool after each wipe.
- Repeat until the eye lids appear clean.
- Wash your hands.
- Use the eye medication as instructed.

Eye medication

You will receive guidance about your eye medication. The chart below will help to remind you when to use your eye drops or ointment.

Important: Bathe the lids/wound with cooled boiled water to remove any old medication before applying fresh medication.

Medication Name	8 AM	10 AM	12 NOON	2 PM	4 PM	6 PM	8 PM	10 PM

Patient Information

Contact the hospital if

- Your eye becomes more painful or more red than on the day you went home.
- Your eye develops a sticky discharge.
- Your vision begins to worsen.

Contact Numbers

University Hospital Coventry Ophthalmology Day Case Unit

Monday - Friday

07.30am - 5.30pm

024 7696 5923

For Administrative Queries:

My Consultant:	
Their Secretary's Phone Number	

Outside the opening times please attend the Accident and Emergency Department at University Hospital Coventry

Follow up

Your appointment will be in approximately.....weeks.

This will be posted to you. All subsequent appointments will be arranged from there onwards.

Patient Information

General practitioner

You will be given the letter to take to your GP, or if you are unable to deliver it, we can post it for you.

The Trust has access to interpreting and translation services. If you need this information in another language or format, please contact 024 7696 5923 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email feedback@uhcw.nhs.uk

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Emergency eye appointments: New booking system

If you have an urgent eye problem, you can now book an on-the-day telephone consultation via the Eye Emergency Referral Service (EERS).



Scan the QR code or visit www.uhcw.nhs.uk and search Eye Emergency Referral Service. You can book a telephone consultation via this link.

You will be spoken to by an expert clinician who will give you specialist advice on the next steps to take.

Please provide a phone number which you can be contacted on for the consultation. Please also be aware that you will be phoned as close to the allotted time as possible, although at busy times unfortunately there may be a delay.

In the event that you feel you cannot wait to speak to someone or do not have online access then you may call 024 7696 4800.

This phone line is open 9am - 1pm; 1.30pm - 5pm (Monday - Friday, excluding bank holidays) and 9am - 12pm (Saturday).

Please only attend the Eye Outpatient department if you have had a telephone consultation in advance and have been advised to attend.

In the event of an eye emergency out of hours, please attend the Minor Injuries Unit/Emergency Department