

Patient Information

The Eye Unit

Banda Label

Going Home after Indirect Laser Treatment

This booklet aims to give you the information you need whilst recovering from indirect laser treatment

Cleaning the eye

- Wash your hands
- Remove any dressings
- Dip cotton wool into cool previously boiled water and squeeze to remove excess water
- Wipe the eyelids gently from the bridge of the nose outwards.
Discard after each wipe
- Repeat until the eyelids appear clean
- Wash your hands
- Apply ointment or drops as provided



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Eye Medications

You will receive guidance about your eye drops and ointments from staff. The chart below will help to remind you when to use your medication. Be sure to wash your hands before instilling eye drops.

Eye Drops: Right Eye/Left Eye

Medication Name	8 AM	10 AM	12 NOON	2 PM	4 PM	6 PM	8 PM	10 PM

After the treatment

- You can expect the eye to be slightly red, swollen, watery and sore. This may persist for a few days.
- You may also experience blurred vision for a few days.

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Driving

You should not drive until your vision has returned to normal.

Notify the hospital if...

- You experience a sudden increase in pain
- If your eye appears to be getting increasingly red
- Your vision begins to deteriorate

Follow Up

Your initial follow up appointment will be in a few weeks time.

You will be notified about any other appointments at this time.

If you have any questions please make a list and bring it with you.

General Practitioner

You will be given a letter to take to your GP. If you are unable to deliver it, we can post it for you.

Contact Numbers

University Hospital Coventry, Ophthalmology Day case Unit

(Monday – Friday 7.30am – 5.30pm)

024 7696 5923

Wendy Sherriff (Mr. Hero's Secretary)

(Monday – Friday 8.00am – 4.00pm)

024 7696 6494

Jackie Underhill (Mr. Walter's Secretary)

(Monday – Friday 8.00am – 4.00pm)

024 7696 6496

Jayne Owen (Mr. Kumar's Secretary)

Patient Information

(Monday – Friday 9.00am – 2.30pm)

024 7696 6497

Michelle Donnelly (Mr Manjunatha's Secretary)

(Monday – Friday 8.00am – 4.00pm)

024 7696 6496

Michelle Donnelly (Mr Pagliarini's Secretary)

(Monday – Friday 8.00am – 4.00pm)

024 7696 6496

Emergency eye appointments: New booking system

If you have an urgent eye problem, you can now book an on-the-day telephone consultation via the Eye Emergency Referral Service (EERS).



Scan the QR code or visit www.uhcw.nhs.uk and search Eye Emergency Referral Service. You can book a telephone consultation via this link.

You will be spoken to by an expert clinician who will give you specialist advice on the next steps to take.

Please provide a phone number which you can be contacted on for the consultation. Please also be aware that you will be phoned as close to the allotted time as possible, although at busy times unfortunately there may be a delay.

In the event that you feel you cannot wait to speak to someone, or do not have online access, then you may call 0247 696 4800.

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This phone line is open 9am - 1pm; 1.30pm - 5pm (Monday - Friday, excluding bank holidays) and 9am - 12pm (Saturday).

Please only attend the Eye Outpatient department if you have had a telephone consultation in advance and have been advised to attend.

In the event of an eye emergency out of hours, please attend the Minor Injuries Unit/Emergency Department.

The Trust has access to interpreting and translation services. If you need this information in another language or format, we will do our best to meet your needs. Please contact 024 7696 5922

The Trust operates a smoke free policy.

To give feedback on this leaflet please email feedback@uhcw.nhs.uk

Document History

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