

Ophthalmology

Ozurdex - Dexamethasone intravitreal implant (700 micrograms)

The doctor has recommended that you should have Ozurdex. Ozurdex is used in treating macular oedema in conditions such as retinal vein occlusion, diabetes and non –infectious posterior uveitis.

This leaflet aims to explain the treatment and what you will need to know for the day of the injection.

What is Ozurdex?

Ozurdex is made up of an anti-inflammatory steroid medicine called dexamethasone. This is stored in an implant. The implant is injected directly into the back of the eye, where it releases dexamethasone over time slowly inside the eye, for up to 6 months. It is used to either improve, or prevent the worsening, of your eye sight.

Day case surgery

You will be admitted and discharged on the same day.

The procedure is performed under a local anaesthetic drops or an injection to numb the eye.

- After your injection you may see floaters or spots in your vision and your vision may be blurred. You should not drive or operate any machinery until these symptoms have resolved, which is usually within a few days.
- Eye discomfort or mild pain, improving after the first 24 hours. You will have to use eye drops after the injection.



Patient Information

- Redness of the eye. You may see the implant as a floating rod.
- You will have a follow-up appointment within 2 – 4 weeks.

Are there any complications following the Ozurdex implant?

Common

- Conjunctival haemorrhage on the white of the eye is very common, in more than 1 in 2 patients. This is not serious, does not affect the vision, and goes in 1-2 weeks.

Less commonly

- 1 in 6 patients may experience raised pressure in the eye. This is usually controlled with eye drops.
- Patients may develop a cataract.

Rare

- Patients may experience a retinal tear.
- patients may develop a retinal detachment
- 1 in 2000 patients may develop a severe and sight-threatening eye infection requiring hospital admission (endophthalmitis).

Please contact the hospital if you have any of the following symptoms

It is especially important for you to contact your doctor straight away if you notice any of the following side effects

- Increased eye pain or discomfort
- Worsening redness of your eye
- Flashing lights
- Sudden increase in floaters
- Partially blocked or impaired vision
- Increased sensitivity to light

Whom do I contact if I need help after treatment?

Useful contact numbers are:

Retinal Specialist Nurse, Sister Mann (Jas) **024 7696 4000** (switchboard) and ask them to bleep **2828** or Macarthur Calica on bleep **5836** and stay on the phone until you are connected.

Mr Manjunatha/Mrs Mukherjee: **024 7696 6496**

Mr Pagliarini secretary: **024 76 966497**

Ms Priti Kulkarni **024 76 966497**

Rugby St Cross

Vicky AMD injection co-ordinator **01788 663338**

Diabetic injection co-ordinator **01788 663992**

Eye clinic liaison Officer:

Sue Grewcock

Monday, Wednesday and Thursday University Hospital Coventry

Mobile: 07834147178 (please leave voicemail)

Tuesday and Friday Rugby St Cross 01788 663004 (ext. 33004)

The Trust has access to interpreting and translation services. If you need this information in another language or format please contact us on 024 7696 6494 and we will do our best to meet your needs.

The Trust operates a smoke free policy.

To give feedback on this leaflet please email feedback@uhcw.nhs.uk

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Emergency eye appointments: New booking system

If you have an urgent eye problem, you can now book an on-the-day telephone consultation via the Eye Emergency Referral Service (EERS).



Scan the QR code or visit www.uhcw.nhs.uk and search Eye Emergency Referral Service. You can book a telephone consultation via this link.

You will be spoken to by an expert clinician who will give you specialist advice on the next steps to take.

Please provide a phone number which you can be contacted on for the consultation. Please also be aware that you will be phoned as close to the allotted time as possible, although at busy times unfortunately there may be a delay.

In the event that you feel you cannot wait to speak to someone or do not have online access then you may call 0247 696 4800.

This phone line is open 9am - 1pm; 1.30pm - 5pm (Monday - Friday, excluding bank holidays) and 9am - 12pm (Saturday).

Please only attend the Eye Outpatient department if you have had a telephone consultation in advance and have been advised to attend.

In the event of an eye emergency out of hours, please attend the Minor Injuries Unit/Emergency Department.